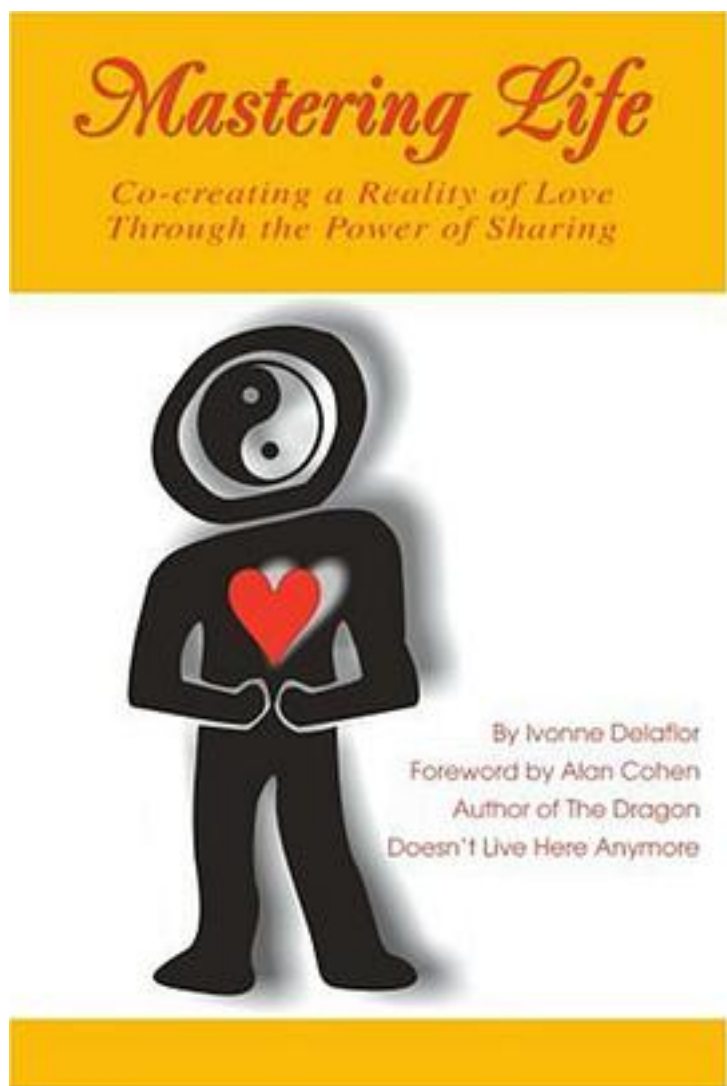


Mastering Life



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From the Foreword by Alan Cohen: "The lessons here in Mastering Life keep pointing us back to the simplicity of loving. We find ourselves in a world where complexity seems to pull us from joy at every turn. Simply holding the consciousness of love will open doors that anxious striving cannot. Behold the answer that soothes, heals, uplifts and changes the world, beginning with ourselves. "Take your time as you stroll through these insightful pages. Absorb the words and images and make them your own. While they seem to be teaching you, they are really reminding you of what you know deep inside your heart. Then bring the principles to life in your own unique way and enjoy the blessings they deliver."

作者介绍:

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