

What to Do When Someone You Love Is Depressed

SECOND EDITION
REVISED AND EXPANDED

"[This] book will bring hope and comfort to the loved ones of those who struggle to overcome this most common of mental illnesses."
—Rosalynn Carter

What to Do When Someone You Love Is Depressed

A PRACTICAL, COMPASSIONATE,
AND HELPFUL GUIDE

Mitch Golant, Ph.D., and Susan K. Golant

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