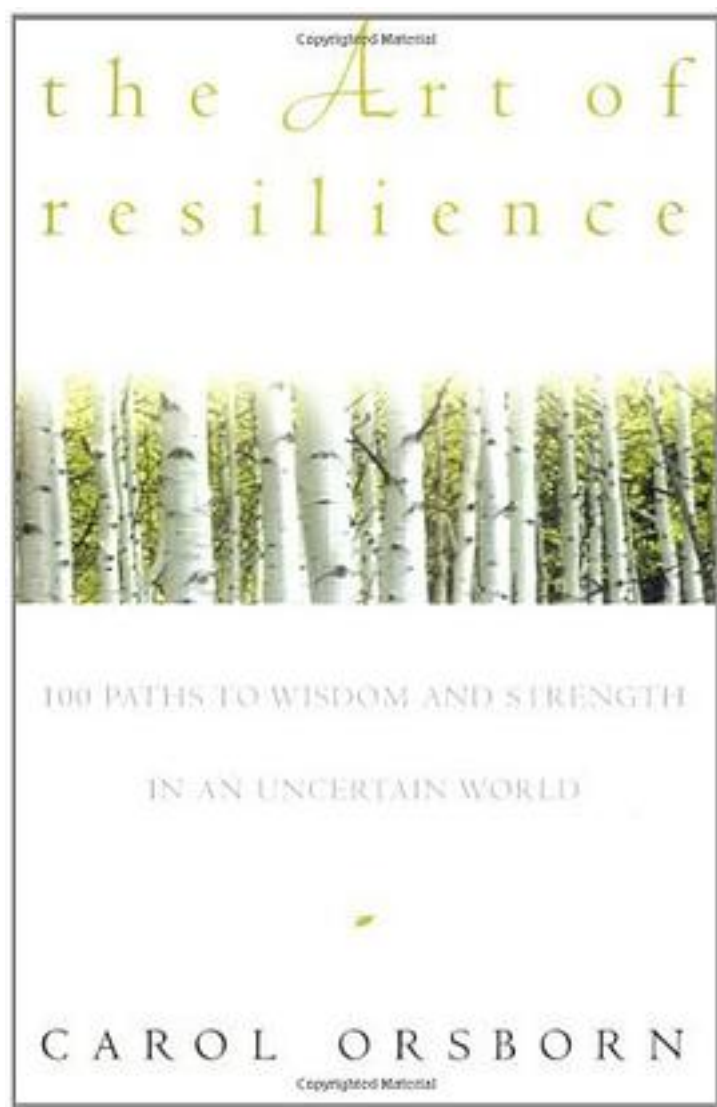


The Art of Resilience



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Carol Orsborn the former head of an international PR firm who jumped off the fast track to pursue a saner life shows us how to move through and beyond disappointments and rechannel valuable energy to overcome life's setbacks. Her motivating compendium of anecdotes, Eastern and Western wisdom, and practical advice will make it easier to get through the tough times.

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