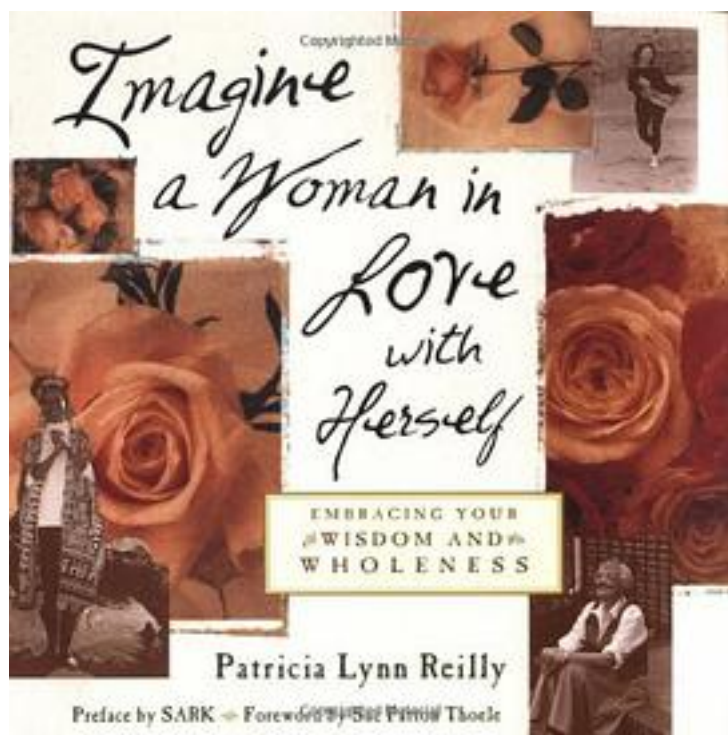


Imagine a Woman in Love With Herself



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Imagine a Woman in Love with Herself empowers women to move from self-loathing to self-love, from self-criticism to self-celebration. It dismantles the self-critical question "what's wrong with me" by exploring its historical, theological, and personal origins. Patricia Lynn Reilly explores 20 self-affirming qualities that encourage women to be the authors of their own lives and to grow in knowledge and love of themselves. Each section is filled with woman-affirming reflections and meditations that ask readers to reclaim their inner resources and reconnect with the essential truth about themselves.

作者介绍:

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