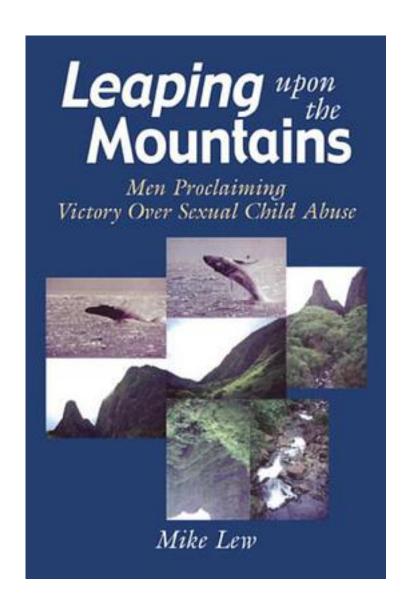
LEAPING UPON THE MOUNTAINS



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Presenting the first real investigation of what male sexual assault survivors themselves identify as most important during various stages of recovery, Leaping upon the Mountains contains powerfully moving contributions from hundreds of men of all ages and backgrounds throughout the United States and 45 other countries. It is not a work of fiction, but a compilation of many truths, many realities—a quilt pieced together from men's experiences—forming an impressively triumphant pattern. Taken together, they state, lucidly and forcefully, that recovery work produces changes that are real, important, and permanent. Leaping upon the Mountains is a celebration of successful recovery.

Readers of Leaping upon the Mountains will discover:

- Insights and resources for all stages of recovery
- Encouraging and inspiring messages from other male survivors
- A large updated resource section providing concrete help to survivors and professionals
- ivity

• Ways of reconnecting with their own strength and creat
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