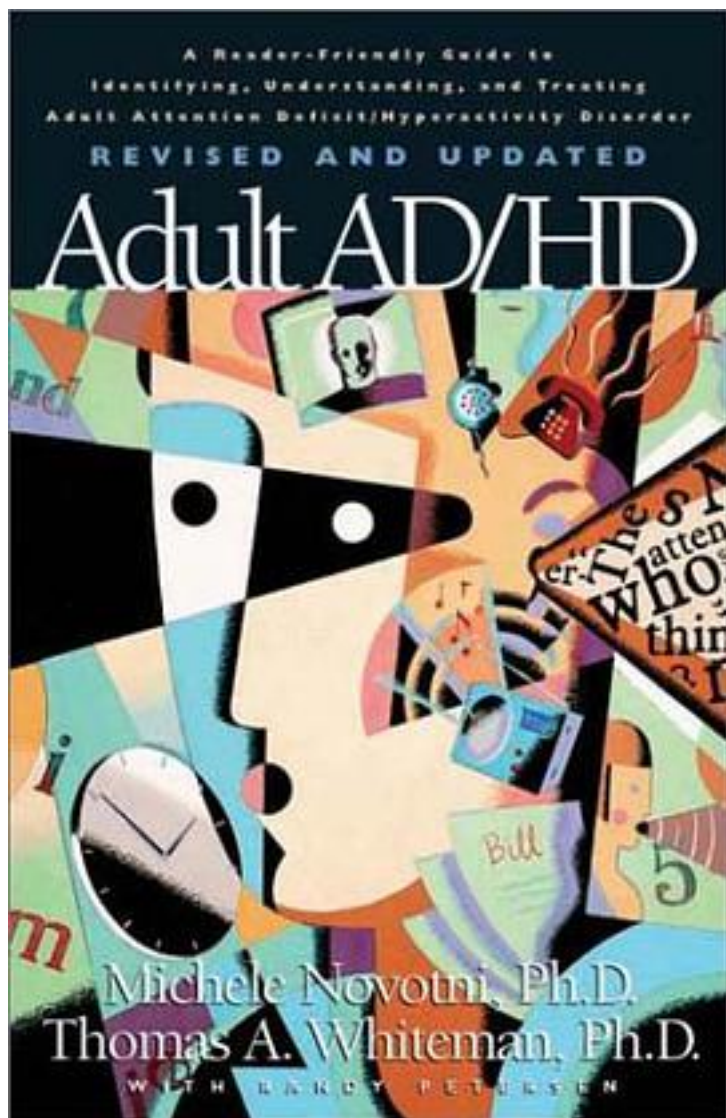


Adult AD/HD



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著者:Whiteman, Tom/ Novotni, Michele/ Petersen, Randy

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Written especially for adults with AD/HD, this book provides an easy-to-read format, highlighted summaries, and true stories. Adult AD/HD also brings a better understanding to professional caregivers and the families, friends, and coworkers of those with AD/HD by: ? Identifying, explaining, and dispeling the myths surrounding AD/HD ? Examining the symptoms of AD/HD and gives reasonable methods for diagnosis and treatment ? Includes chapters on coaching and alternative treatment options

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