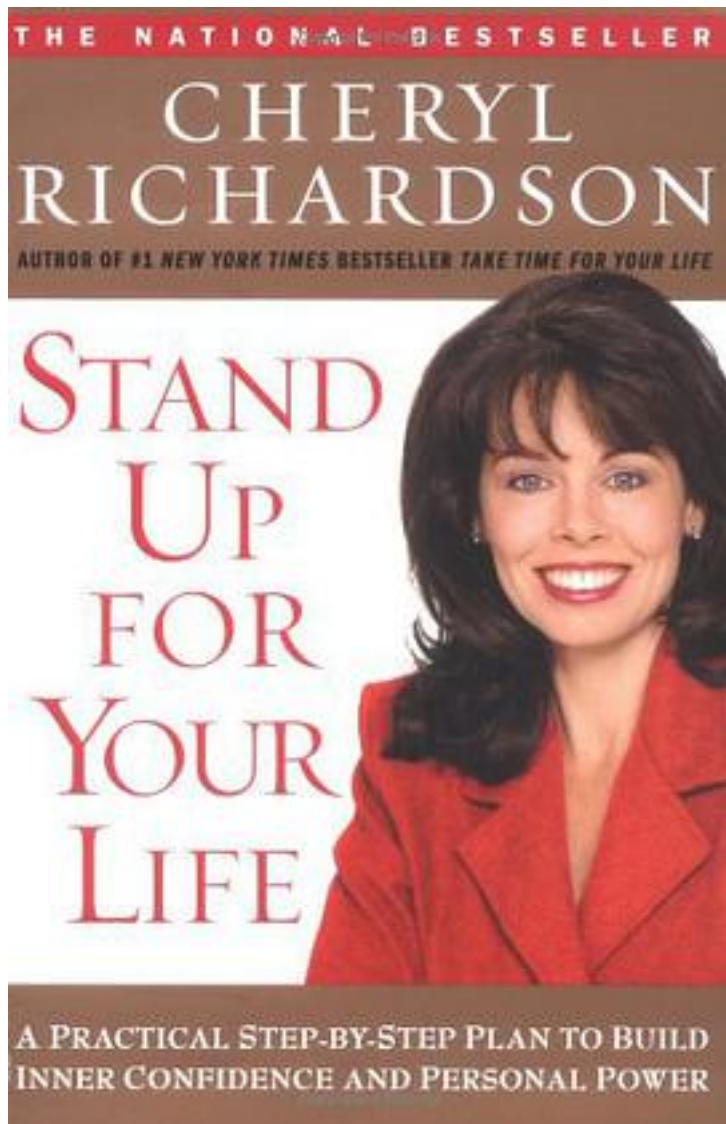


Stand up for Your Life



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We all want to make a difference in the world. We want to know that our lives matter, that our presence on Earth has meaning and purpose. I can assure you that you have a Divine assignment -- an important mission to fulfill. The first step in discovering and fulfilling this mission is to take a leadership role in your life. -- from "Stand Up for Your Life" In this book I'll take you on a journey that will provide you with new "self-honoring" strategies to transform your fear and self-doubt into power. You'll learn to trust yourself. You'll build new courage muscles that will increase your self-esteem. And you'll develop the confidence to step out into unknown territory so you can realize your greatest potential. As we go through the program outlined in this book, I'll challenge you to: - Know who you are - Define your values - Stop hiding your power - Stand up for yourself - Build your courage muscles - Pass up good for great - Center your life around your values - Contribute to others in a meaningful way If you're ready to stand up for your life, you've picked up the right book. Let's get started!

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