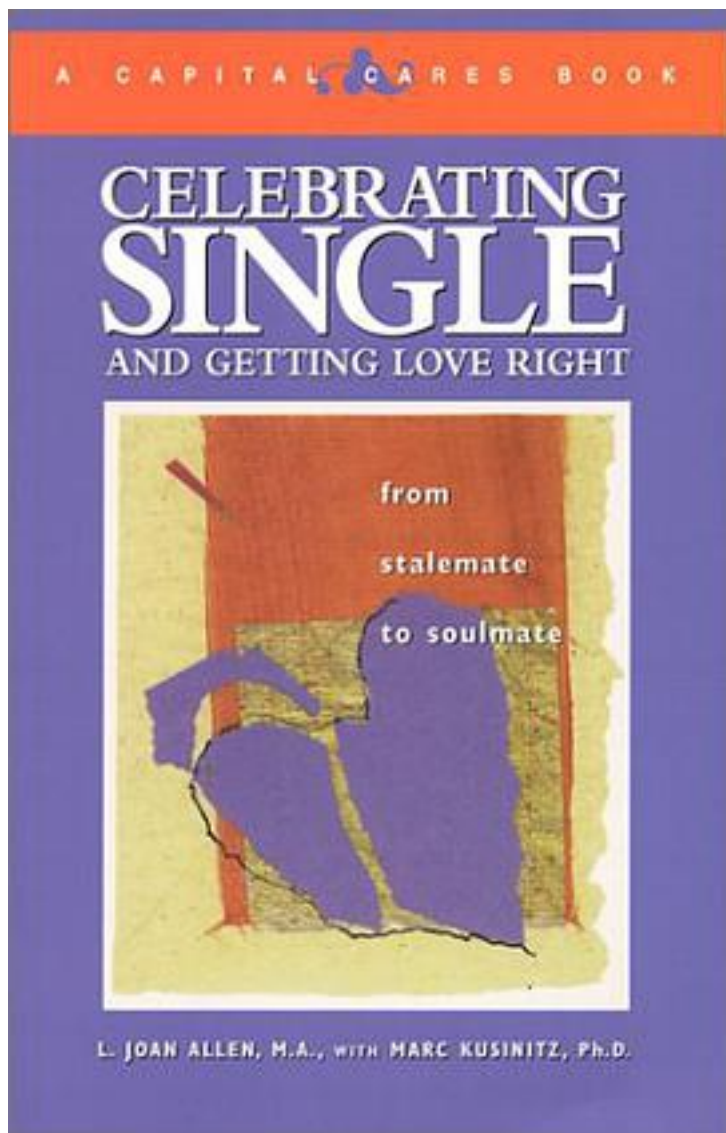


# Celebrating Single and Getting Love Right



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Finally, a book of hope for singles of all ages, but particularly those late-blooming Baby Boomers. Celebrating Single gives readers a look at the sometimes painful, sometimes joyful truths about love. Packed with powerful personal stories of real Baby Boomers (single men and women 35 to 53 years old), this inspiring book teaches you how to nurture and forgive yourself, and achieve the most enduring relationship of a lifetime - the love of self. The book is a blend of real-life stories with the advice of relationship experts who have helped many single people untangle the knots of confusion, loneliness, self-doubt and anger. The authors, two single Baby Boomers themselves, also sprinkle in their own personal insights and experiences. Celebrating Single shows singles how to find inner peace and love, and thrive on time spent alone. As Oscar Wilde once said, "to love oneself is the beginning of a lifelong romance." This book goes where few others have dared--it tells you how to live alone, and like it; to move on from dependence on romance, to dependence on self. And if and when you find love, it will be stronger because it is not based on need.

作者介绍:

目录:

[Celebrating Single and Getting Love Right 下载链接1](#)

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