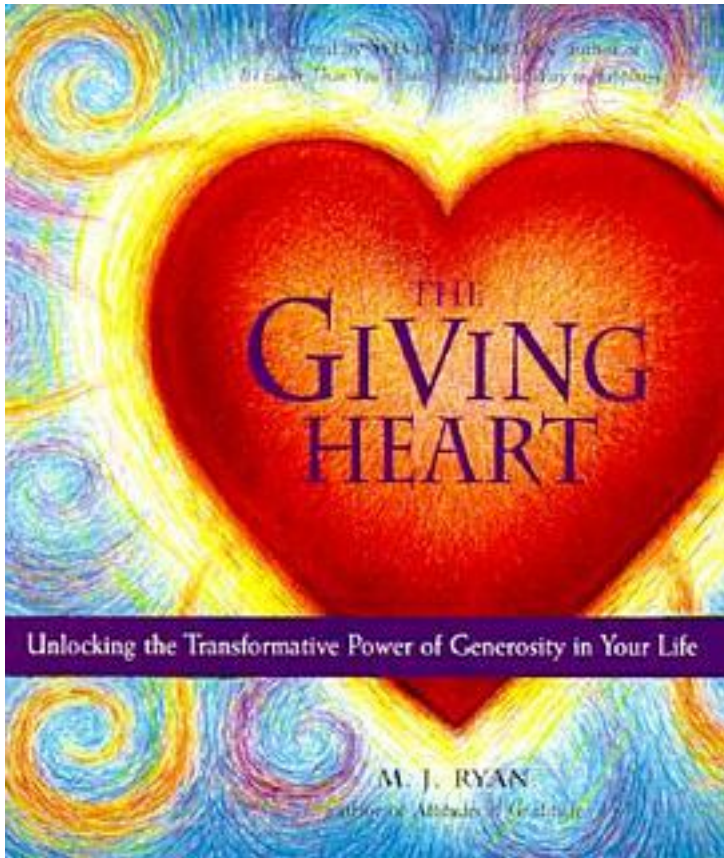


The Giving Heart



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<p>In her latest examination of the virtues people need to cultivate for the 21st century, The Works magazine columnist M. J. Ryan shows how giving time, energy, kind words, loving gestures, and forgiveness will, in the end, matter more than any amount of money. Through heartfelt essays, Ryan encourages everyone to give from the joyous overflow of a loving heart, to consider how they are stingy, and to think about types of

generosity. In a down-to-earth way, she gets to the heart of giving and what it does for the giver and the recipient.</p>

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