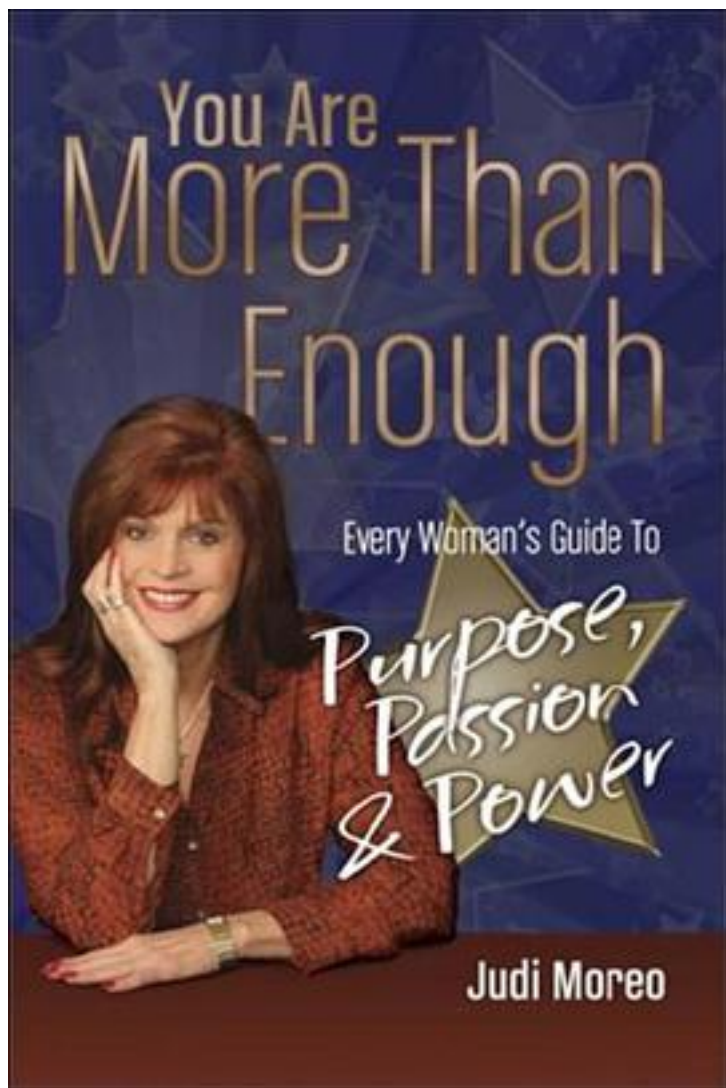


You Are More Than Enough



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For over twenty-five years, Judi Moreo has studied the lives and habits of highly motivated and successful people. She has unravelled the mystery behind the illusion that only a chosen few are allowed success, and has become a respected authority on high-level performance, personal development and self-esteem. Judi has now translated her wealth of knowledge and practical experience into a meaningful and motivational guide. Writing in a comfortable, conversational style, she gives you simple, usable techniques which you can apply to your everyday world. It's like having afternoon tea with your best friend. This is a powerful guide to discovering your purpose, unleashing your passion, and shaping your habits to realise the success you want in all the areas of your life - personal and professional relationship, career, finances, and security. The moment you start to apply what you read in this book, you will come to the realisation that you really are. More than enough.

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