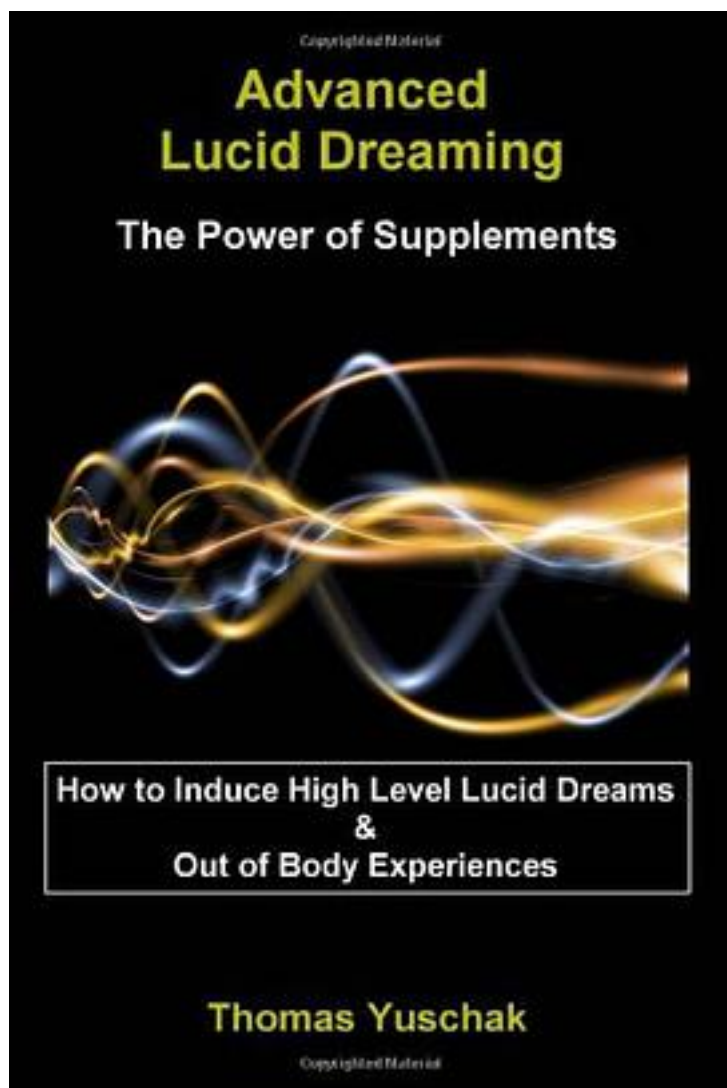


Advanced Lucid Dreaming



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Simply the Most Effective Approach to Inducing Lucid Dreams & Out of Body Experiences. This breakthrough book tells you everything you need to know on how to start experiencing extremely advanced lucid dreams and OBEs using the LDS (Lucid Dream Supplement) induction technique. This is the first comprehensive guide that explains how to use natural, non-prescription, and healthy supplements to induce some of the most profound experiences that humans can achieve.

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书评

这是一本讨论清明梦补充剂（supplements）的专著，作者Thomas Yuschak在书里分享了使用以下几种补充剂的切身经验： Galantamine Choline Supplements(GPC Choline, Choline Bitartrate & Citrate) Nicotine Piracetam Mucuna Pruriens(Dopamine补充剂) Yohimbine 5-HTP Mel...

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