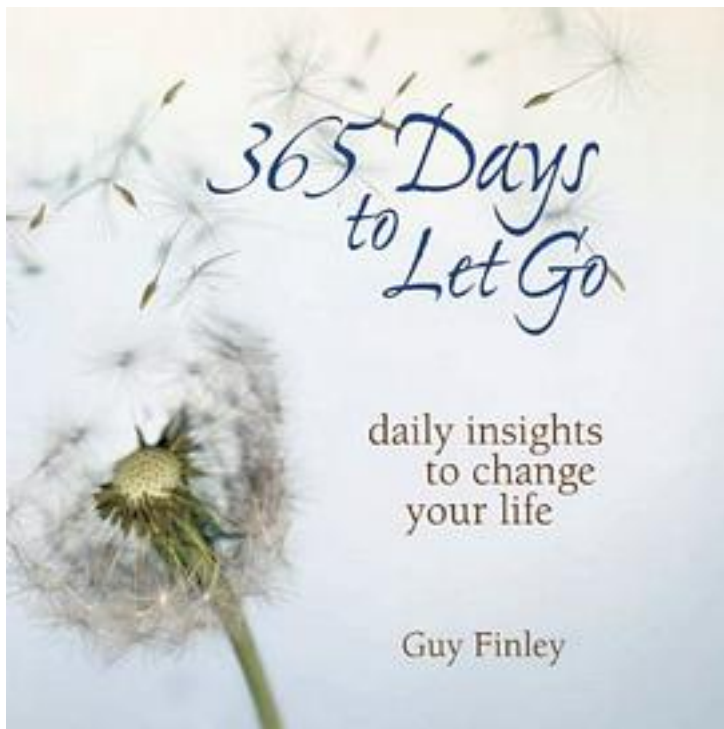


# 365 Days to Let Go



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In "365 Ways to Let Go", best-selling author Guy Finley reveals the most beautiful and elegant of these indwelling principles - the Law of Seasons - and the secret story it tells of a Life without end. In four stirring chapters, he gently explains how you can discover and harness the immense powers that serve as the invisible soul of winter, spring, summer, and fall. Each chapter begins with a penetrating explanation of the special purpose expressed through that season, followed by daily meditative insights that show you how to align yourself with the power and peace hidden in each day. Work with this special book every day for one year, or use it for the rest of your life and watch your mind grow sharper, your days grow brighter, your creativity flourish, and your

heart become whole.

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