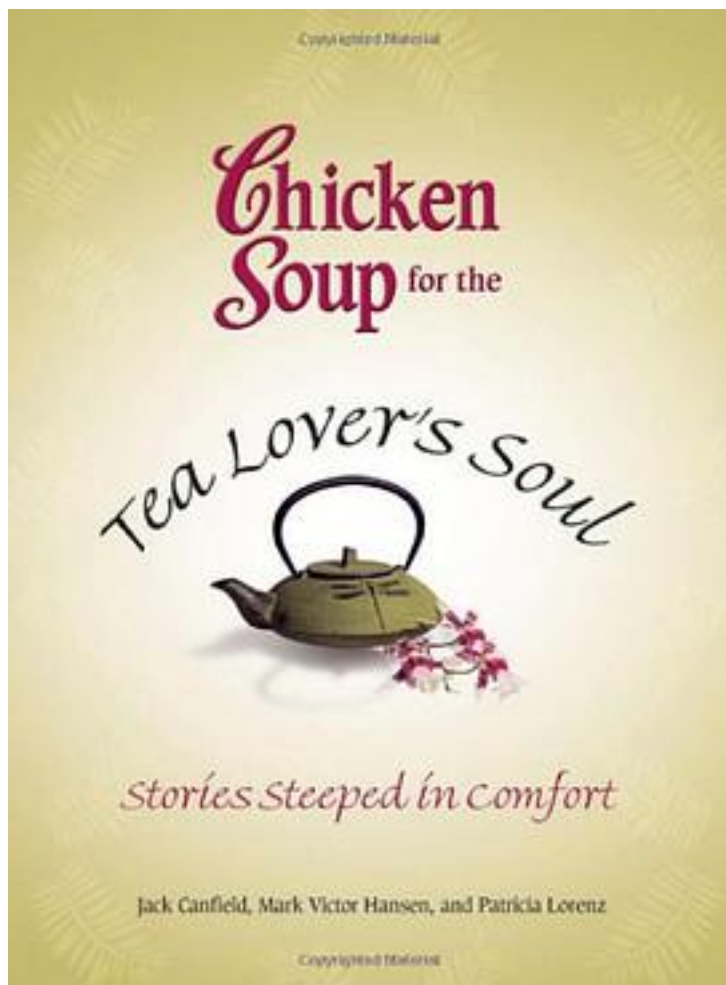


Chicken Soup for the Tea Lover's Soul



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Is enjoying a cup of tea the favorite part of your day? Is the brewing of a 'cuppa' a ritual that centers and calms you? Then let Chicken Soup for the Tea Lover's Soul help you

reconnect with yourself in the silent intimacy and introspection experienced while sipping tea. Chicken Soup for the Tea Lover's Soul is the perfect accompaniment to that English Breakfast, delightful Darjeeling, French Vanilla, spicy Chai, or comforting Chamomile. Nothing soothes the soul like a cup of tea and a good book, so curl up and wash away the tensions and troubles of the day. Learn about tea's ancient history and discover the many choices of tea available from the most exclusive to the tried-and-true favorites. Included are tips on buying, storing, and preparing tea, and even a few ideas on how to host a tea party. You'll also discover: - The best-tasting and most popular teas - The proper way to steep tea - The health benefits of tea - The difference between black and green tea, and much more. Nothing soothes the soul like a cup of tea and a good book, so curl up and wash away the tensions and troubles of the day.

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