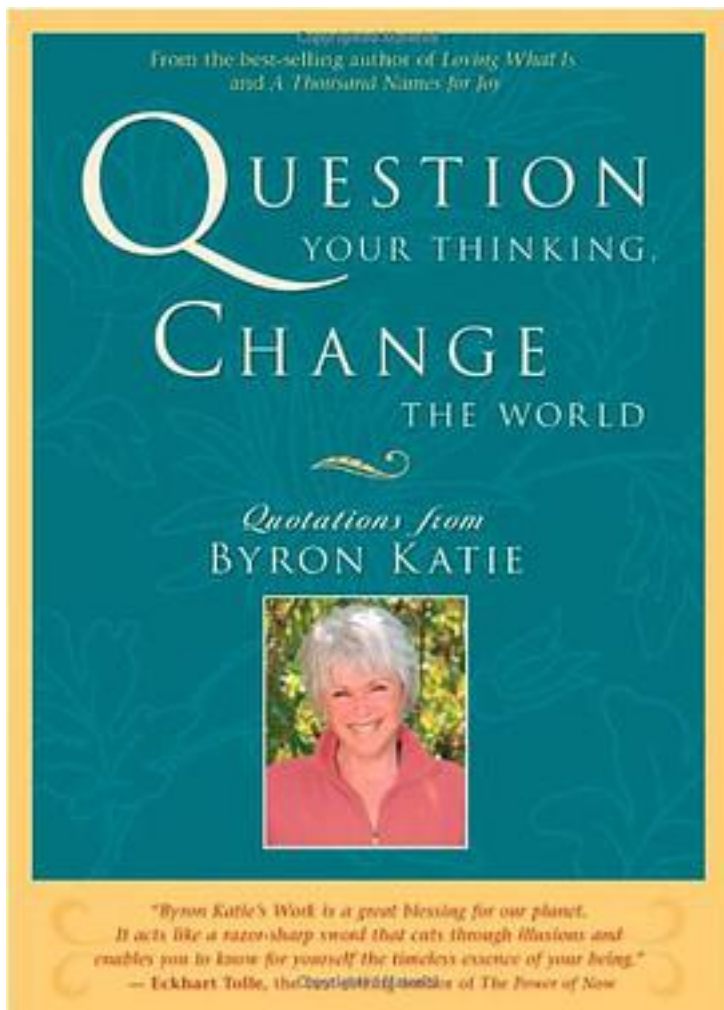


Question Your Thinking, Change The World



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著者:Byron Katie

出版者:Hay House

出版时间:2007-10-1

装帧:Paperback

isbn:9781401917302

In this powerful book of quotations, Byron Katie talks about the most essential issues

that face us all - love, sex and relationships; health, sickness and death; parents and children; work and money; and self-realization. The profound, light-hearted wisdom embodied within is not theatrical; it is absolutely authentic. Not only will this book help you on many specific issues, but it will point you toward your own wisdom and will encourage you to question your own mind, using the four simple yet incredibly powerful questions of Katie's process of self-inquiry, called 'The Work'. Katie is a living example of the clear, all-embracing love that is our true identity. Because she has thoroughly questioned her own mind, her words shine with the joy of understanding.

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