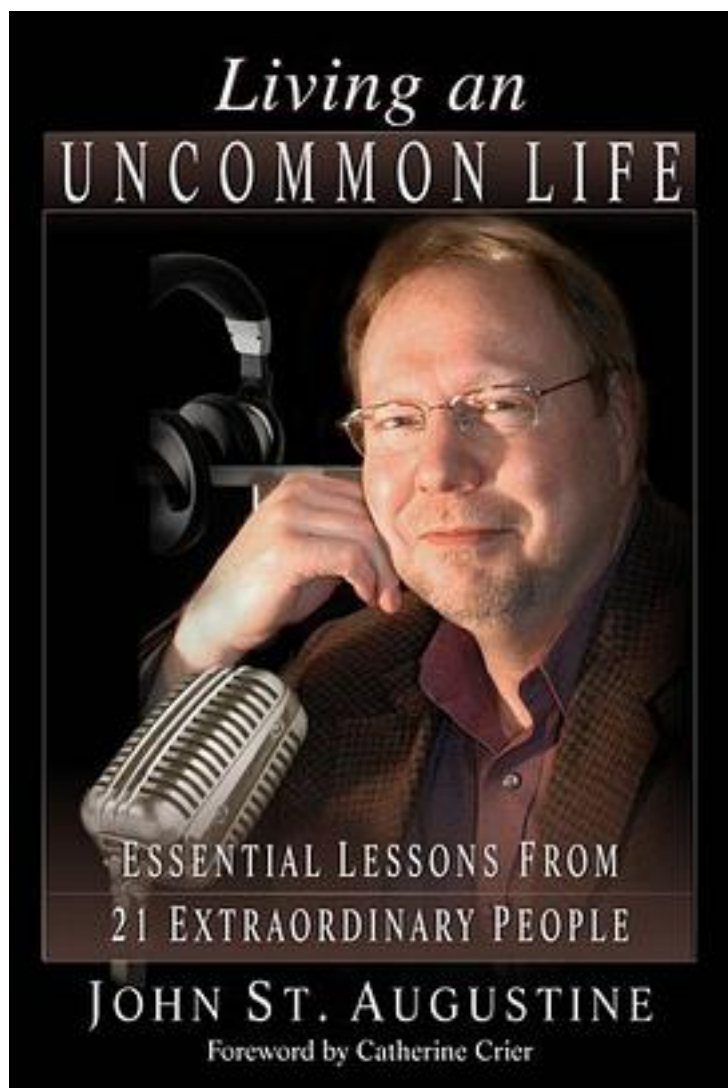


# Living an Uncommon Life



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At the lowest point in his life, living in a motel room with his wife and two children, John St. Augustine undertook a journey of a thousand miles, walking from northern Michigan to Chicago and back a journey that became one of discovery, and a chance for St. Augustine to reinvent himself. It was on this walk that the inspiration was born for a radio show that would be a positive voice in a world saturated by cynicism. Upon his return, despite having no prior radio experience, a local station gave him a chance: one hour a week for five weeks . . . . Ten years and 5,000 guests later St. Augustine is living his dream, and, like The Seven Habits of Highly Effective People A(R), Living an Uncommon Life offers a roadmap for reaching your own dreams. St. Augustine discovered a pattern in the lives of the exceptional personalities with whom he has crossed paths including Oprah Winfrey, John Denver, Walter Payton, Wayne Dyer and others. Each of them refused to let negative circumstances dictate their life. Instead they found the inner strength to achieve great things. St. Augustine insists we all share these remarkable traits and in Living an Uncommon Life he offers powerful principles for unlocking your strengths and achieving your personal best.

作者介绍:

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