

# Dyslexia

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# Dyslexia

Surviving and succeeding at college

Sylvia Moody

- Organizing study
- Reading academic texts
- Structuring written work
- Note-taking
- Dealing with dyspraxia
- Managing emotions

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出版者:Trafalgar Square

出版时间:2006-10

装帧:Pap

isbn:9780091907082

Dyslexic people face many problems in the workplace: difficulties with reading and writing, memory, organisation and time management, and a recent TUC report on dyslexia in the workplace estimates that 3 million people are affected. "Dyslexia: A Workplace Guide" is written by a leading expert in the field for people of all backgrounds and abilities and will help readers to master complex organisational skills, deal with a large workload and cope with the demands of deadlines. It also shows how to improve confidence, deal with stress, and build on the creative talent that many dyslexics possess. "Dyslexia: A Workplace Guide": explains what dyslexic and dyspraxic difficulties are; describes how they affect workplace efficiency; offers strategies to manage dyslexic difficulties and reduce their adverse effect on work efficiency; and, provides information about ways in which employers can help dyslexic employees.

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