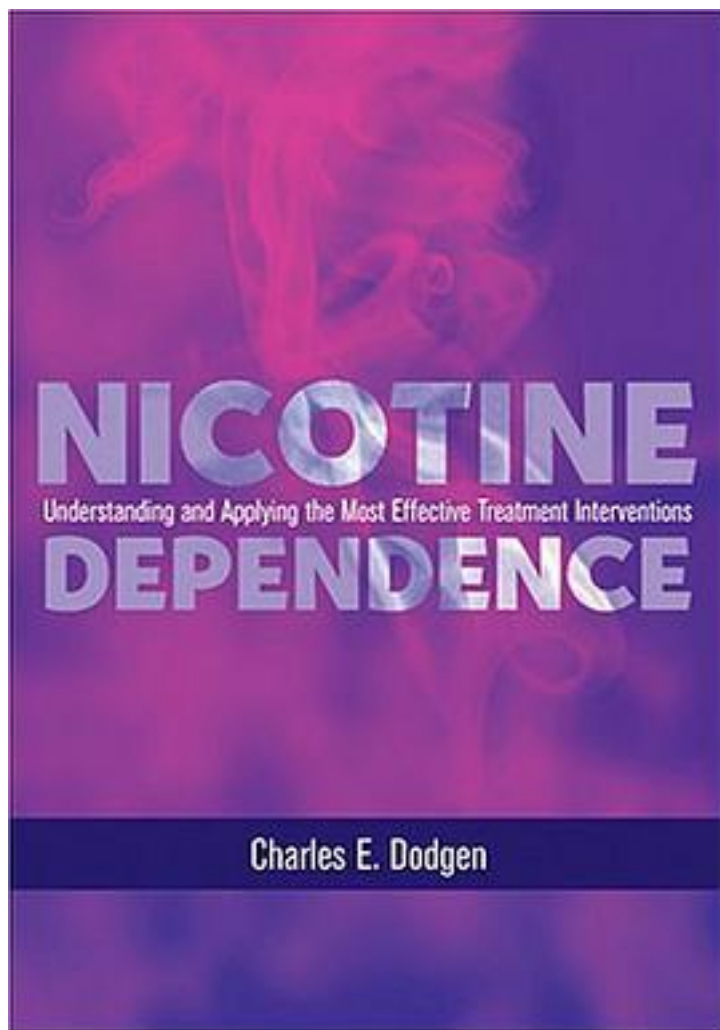


# Nicotine Dependence



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出版者:Amer Psychological Assn

出版时间:2005-4

装帧:HRD

isbn:9781591472339

Presents an in-depth review and examination of the available techniques and methods

that clinicians can use to effectively treat nicotine addiction. Because there is an abundance of information available about tobacco use and nicotine dependence, the author has selected topics that offer practical value and are specific to the clinician's role. The book combines current theoretical and clinical research about nicotine dependence. It presents the psychosocial and pharmacological reasons for dependence and discusses counseling and pharmacological treatment methods, especially those that have demonstrated effectiveness. The author also explains principles of assessment, relapse causes and interventions, as well as treatment in special populations. The book also includes a useful, detailed, step-by-step, 10-session treatment and assessment model that clinicians can use to develop an individual plan for their clients. Primary audience: mental health practitioners. Secondary audience: social workers, addiction counselors, and physicians.

作者介绍:

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