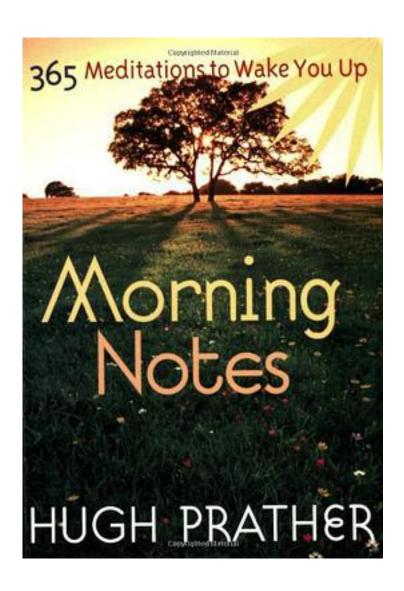
Morning Notes



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In Morning Notes, Hugh Prather helps us to understand that good spiritual and emotional nutrition is just as important in the morning as eating a healthy and well-balanced breakfast. 365 great beginnings encourage us to construct things the way we want them to be and to take full responsibility for what happens to us.
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