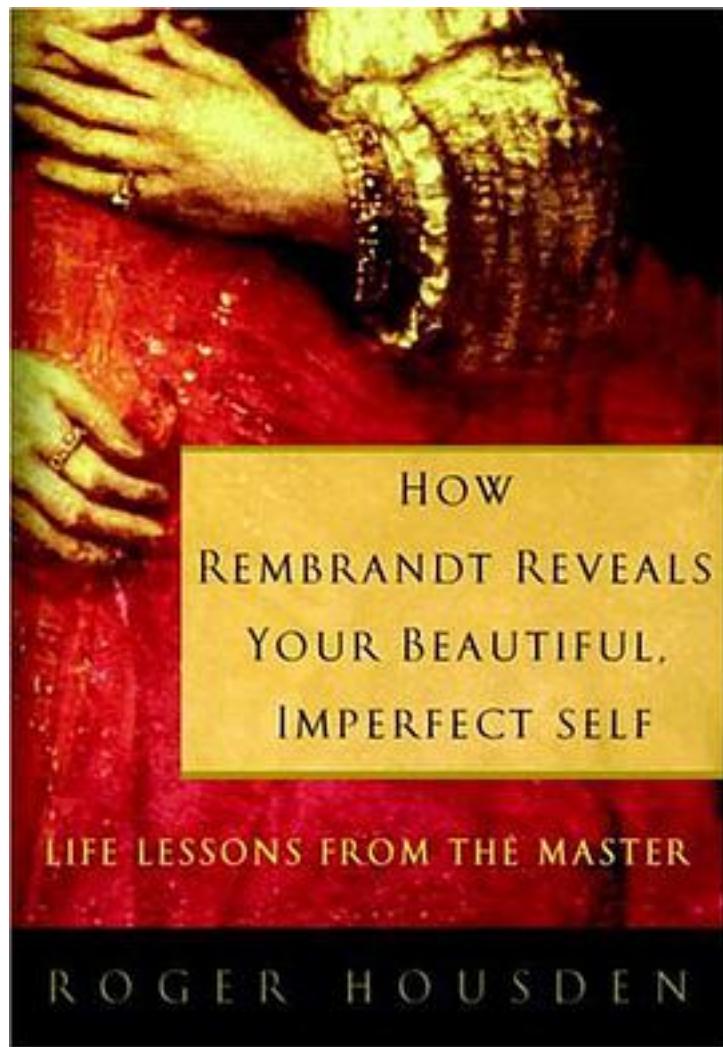


# How Rembrandt Reveals Your Beautiful, Imperfect Self



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Rembrandt, one of the greatest artists of all time, was spectacularly successful in his twenties and thirties, bankrupt by his fifties, and died an unsung death in 1669 at the age of sixty-three. Along the way, he had to bury four of his five children and the two loves of his life, and he had to look on while his patrons chose the predictable but uninspired work of his pupils over his own increasingly innovative style. Yet adversity seemed only to deepen his faith and his genius. His self-portraits, especially, are testimonies to the human spirit, to eyes that can see beyond the confines of the visible world, but also to the human soul, its tenacity and its aspirations, and to the human body, its beauty, its sagging truth, its essential loveliness, whatever its shape or form.

This is a deeply moving and uplifting book. Part biography, part history, part art appreciation, it takes the example of Rembrandt's life and work as inspiration for the strength we need to live with passion and an unflinching acceptance of who we are.

Roger Housden shows how the incredible life and work of Rembrandt van Rijn can serve as a wise and honest mirror to clarify our own hopes, struggles, and aspirations. The book consists of six lessons that draw on Rembrandt's self-portraits and life story: Open your eyes; Love this world; Troubles will come; Stand like a tree; Keep the faith; Embrace the inevitable

作者介绍:

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