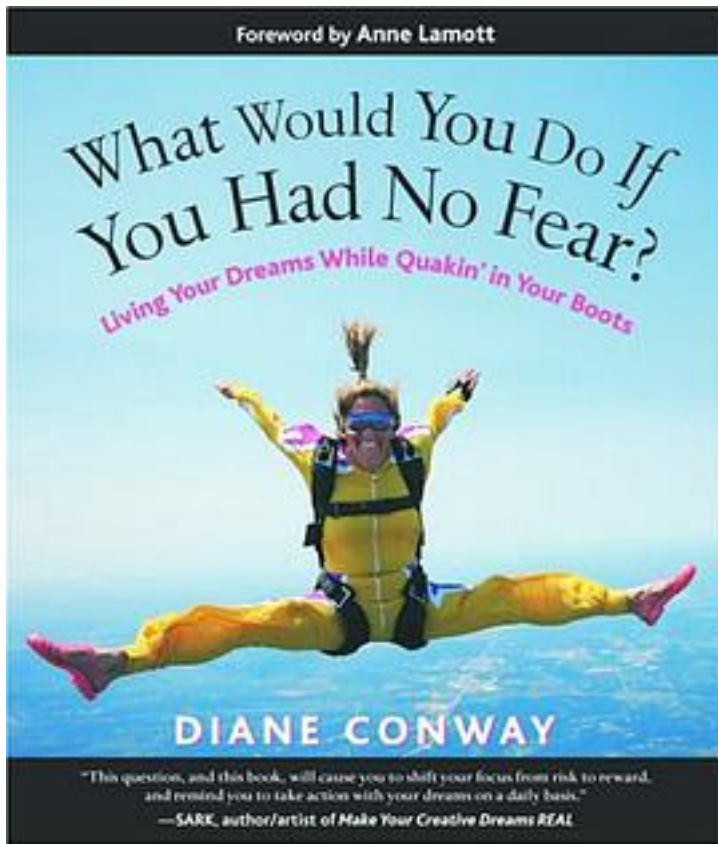


# What Would You Do If You Had No Fear? Living Your Dreams While Quakin' in Your Boots



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For this book, author Diane Conway approached a police officer, a waitress, a politician, a lawyer, a cab driver, and many others, and asked them each the same question: "What would you do if you had no fear?" The results, chronicled in this book,

were both surprising and enlightening. Her respondents told her their secrets, their long-hidden dreams, and their fears. Their dreams included quitting mind-numbing jobs, applying to medical school, buying tickets to South America, finding true love, quitting drinking, or having an affair. The distance between dreaming and doing, according to Conway, is surprisingly short. In *What Would You Do If You Had No Fear?* her fresh voice and "Studs Terkel in drag persona" challenge readers to stop, open their hearts, and truly live. Included are self-tests, quizzes, growth exercises, and inspiring quotes for realizing one's fear-free potential.

作者介绍:

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