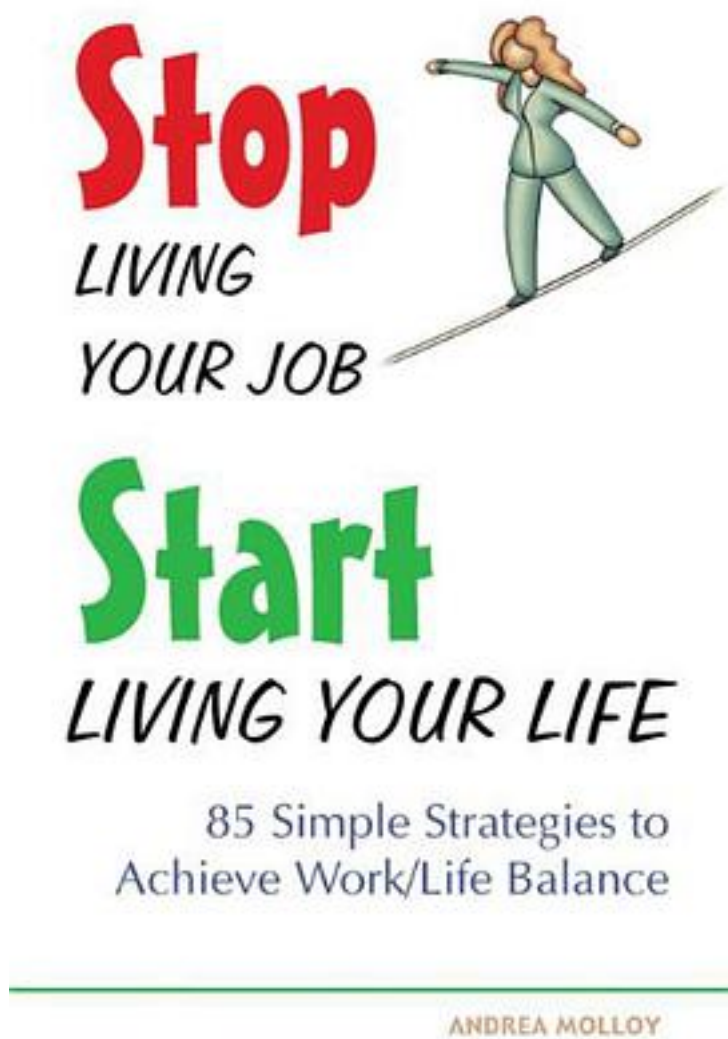


Stop Living Your Job, Start Living Your Life



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出版者:Transition Vendor

出版时间:2005-3

装帧:Pap

isbn:9781569754535

In this ramped-up world, there never seems to be enough time. Everyone wants to "have it all," but time constraints challenge people to juggle career pressures with social, family, and personal commitments. Stop Living Your Job, Start Living Your Life is a roadmap for remaking one's life to match those most heartfelt priorities. Packed with interactive tools including 50 Action Tasks, 25 Action Questions, 18 Hot Tips, and Four Quick Quizzes, it empowers readers to control their responsibilities instead of having their responsibilities control them. Offering realistic and practical solutions to everything from decluttering space, managing finances, staying committed, and pursuing dreams, Stop Living Your Job, Start Living Your Life helps create a sense of balance, achievement, and enjoyment in everyday life.

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