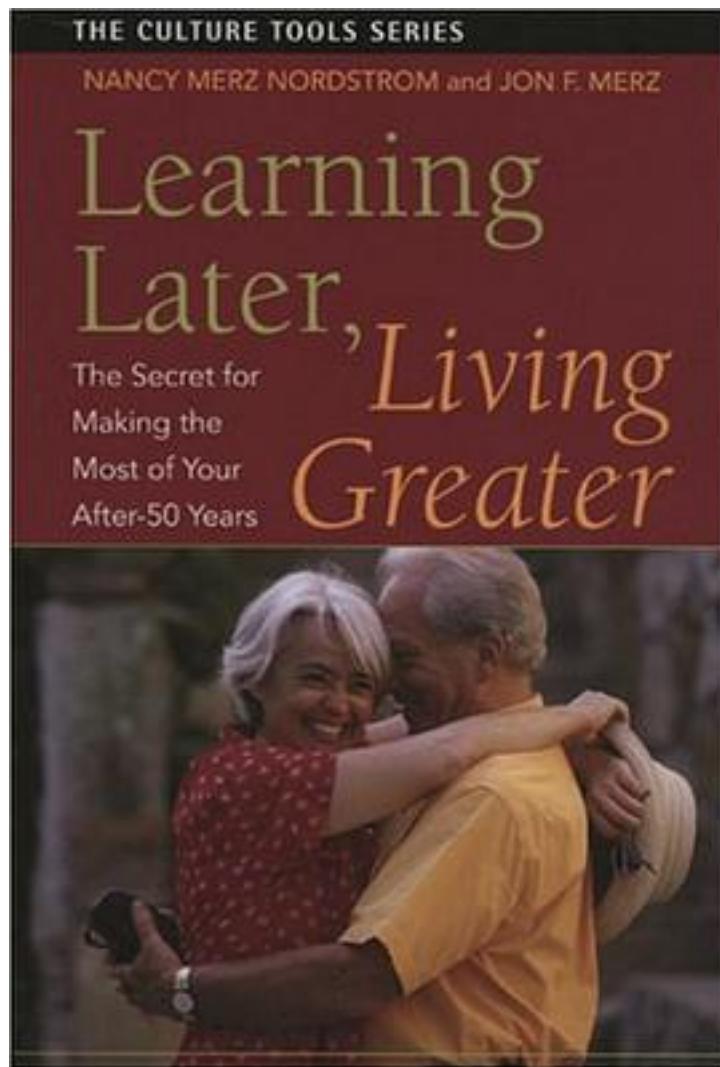


Learning Later, Living Greater



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In the next 24 years, 78 million Baby Boomers will retire. This book gives them tools to maintain their active lifestyle for decades after leaving the workforce. This is a guidebook for transforming the retirement years into a richly satisfying period of continuous education, personal growth, and social involvement. Readers will have access to the latest scientific research and interviews with experts in this field, resources, informative tips, and inspiring first-person accounts of the vital benefits of lifelong learning. They'll discover why lifelong learning is important for the aging brain and where to find the newest, most innovative programs in educational travel, volunteerism, civic action, and more.

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