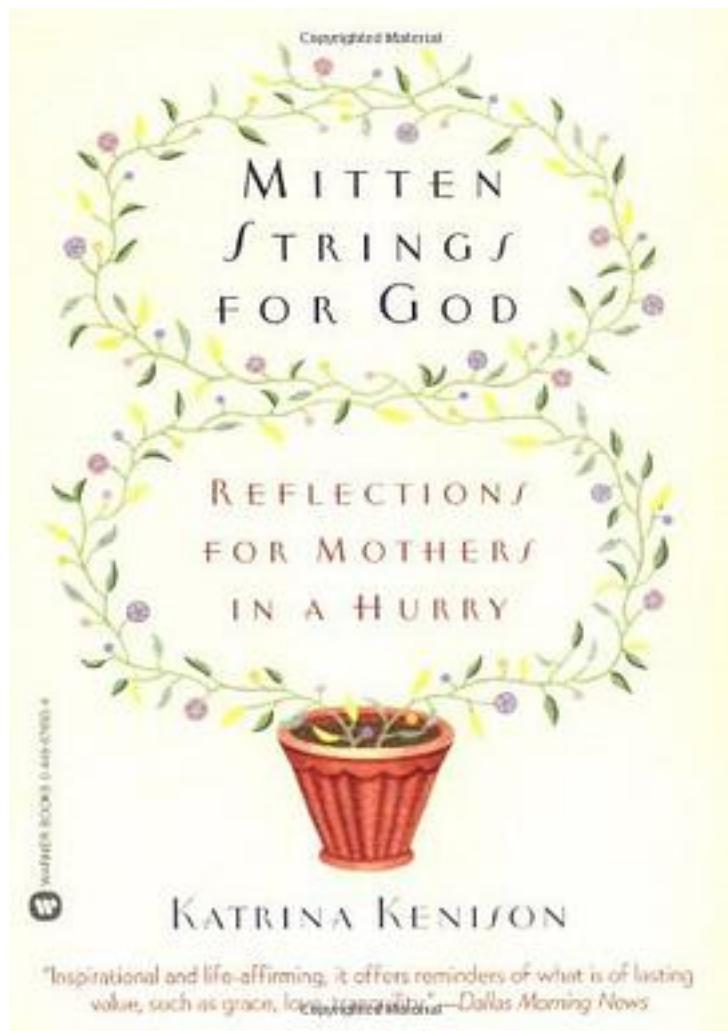


# Mitten Strings for God



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出版者:Grand Central Pub

出版时间:2002-4

装帧:Pap

isbn:9780446676939

As mothers today we are faced with a daunting list of responsibilities. How easy it is to

simply rush headlong through our lives, slaves to our daily obligations, and in the process race our children through their childhood. But there is a better way... In *Mitten Strings for God*, Katrina Kenison shares her own search for a more satisfying balance in her life. The result is a lyrical and tender series of reflections, interwoven with gentle suggestions and advice, that remind us what happens when we slow down and are fully present in our lives. Suddenly there is room for joy and play and intimacy, space for wonder and reverie, and time to awaken to the beauty of the world and discover the sacred in the ordinary. Tranquil in our own hearts and minds, we can offer our children the one thing they need more than anything else: us. And we receive something priceless in return-the chance to savor our lives and the precious people in them.

作者介绍:

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