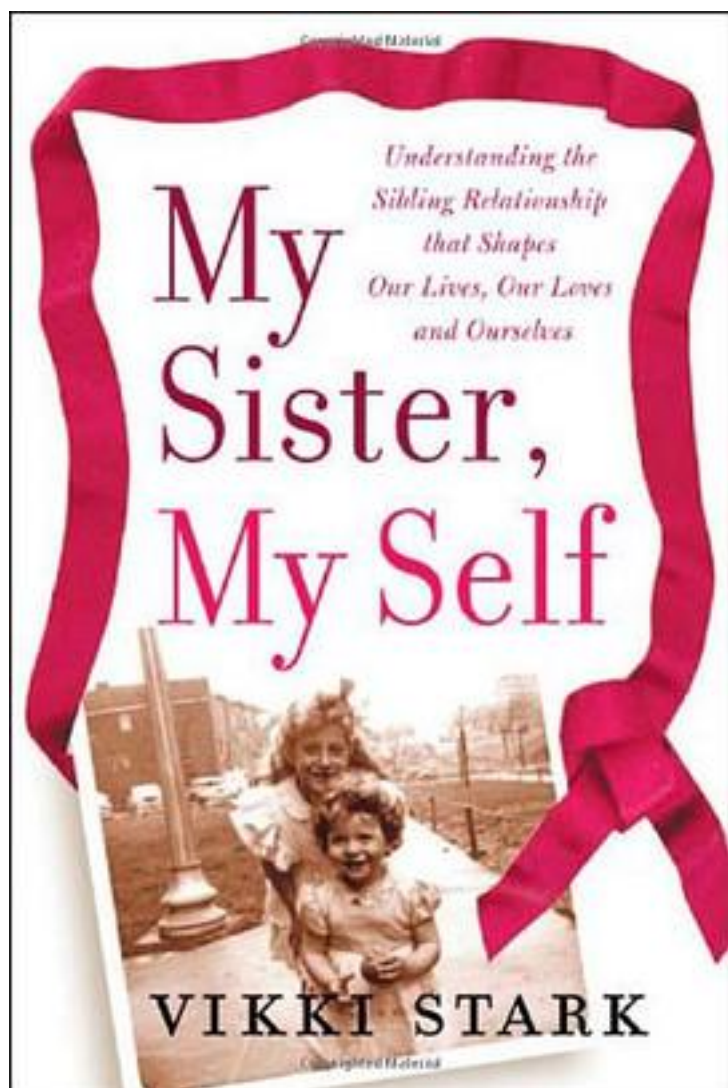


# My Sister, My Self



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出版者:McGraw-Hill

出版时间:2006-9

装帧:Pap

isbn:9780071478793

Discover the unexpected ways that being a sister affects your life choices Whether your sister relationship was close, conflicted, or somewhere in between, that childhood bond shaped the woman you are today. Having grown up as an older, younger, middle, or twin sister influences your choice of occupation, your circle of friends, your love life--even how you feel about your own body. My Sister, My Self provides you with powerful tools to: Come to terms with a challenging sister relationship Make sense of your need to depend on or control others Recognize how your sister role influences your interactions with friends and colleagues Understand the sister role you've played since childhood

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