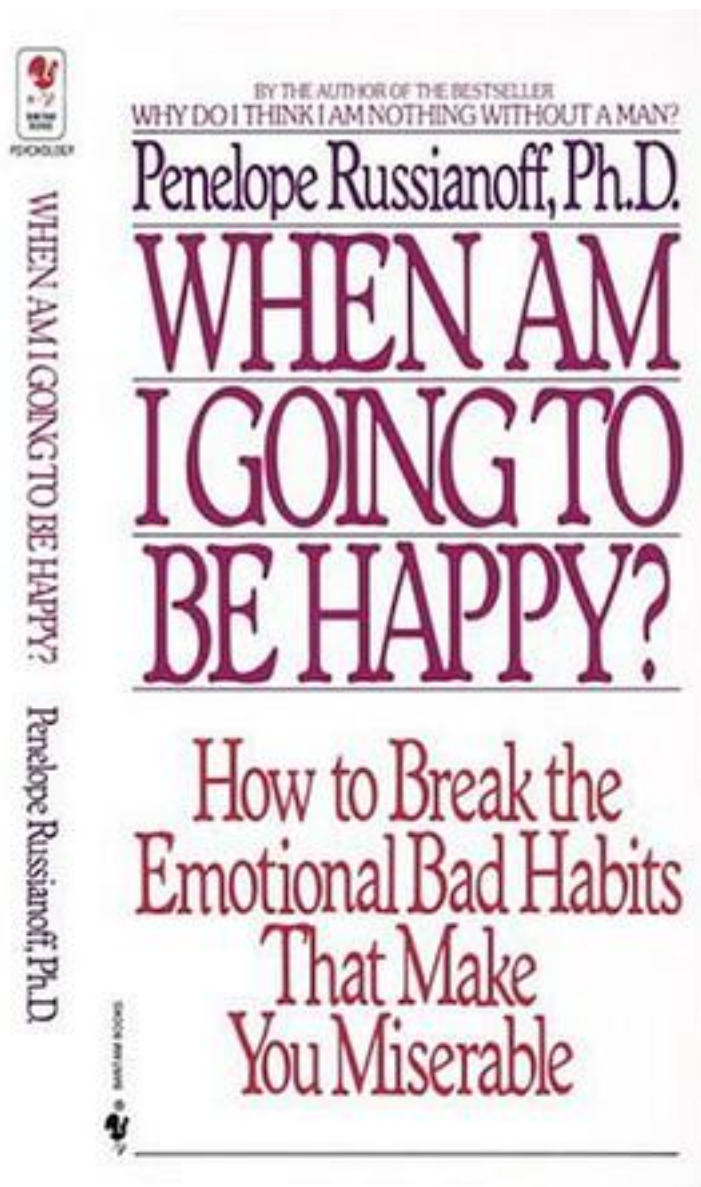


When Am I Going to Be Happy?



[When Am I Going to Be Happy?_ 下载链接1_](#)

著者:Penelope Russianoff

出版者:Bantam

出版时间:1989-11-01

装帧:Paperback

isbn:9780553282153

Based on a popular course given at the New School in New York City, When Am I Going To Be Happy? teaches that many of the negative emotional habits that make us unhappy are learned behaviors which can be exchanged for habits that are life-giving, not life-wrecking. HC: Bantam.

作者介绍:

目录:

[When Am I Going to Be Happy?_下载链接1](#)

标签

评论

[When Am I Going to Be Happy?_下载链接1](#)

书评

[When Am I Going to Be Happy?_下载链接1](#)