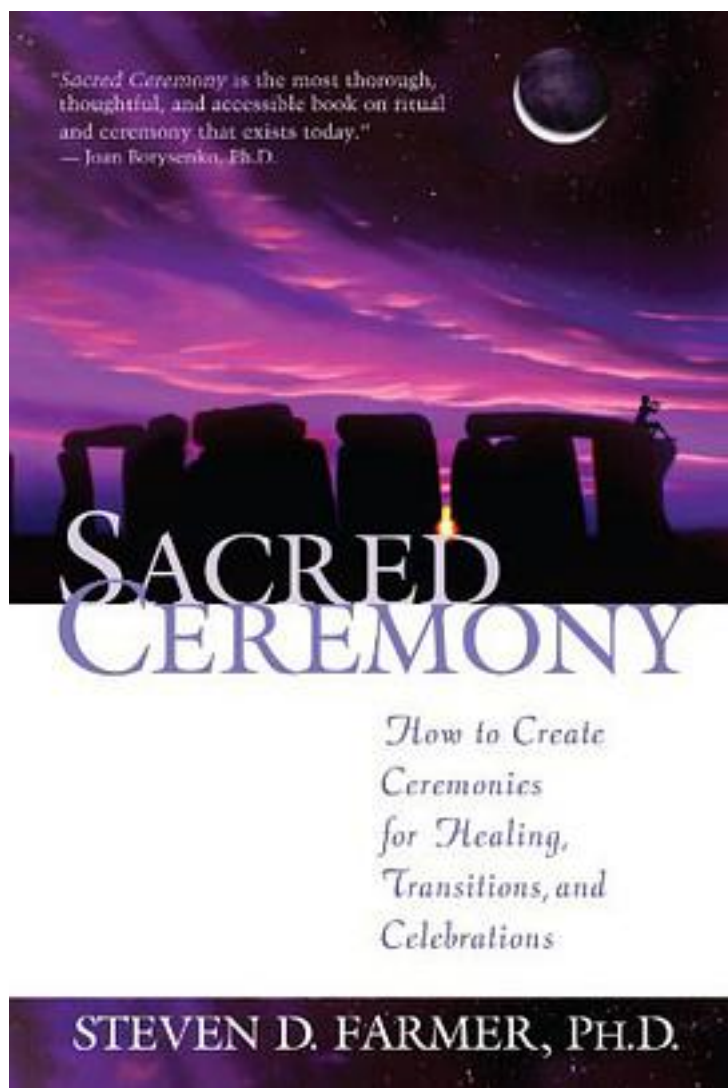


Sacred Ceremony



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出版者:Hay House

出版时间:2002-10-31

装帧:Paperback

isbn:9781561709816

Throughout history, people have attempted to contact the divine through ceremony. From weddings to sweat lodges, funerals to religious fasting, every culture has appealed to the gods for their blessings of important human passages. At this stage in our evolution, many find they no longer need to have priests or shamans to honor the holiness of their lives. In *Sacred Ceremony: Honoring the Holiness in Everyday Life*, Steven Farmer offers ideas on how to create your own ceremonies to consecrate the critical events and passages that you experience on your life's journey. Rather than complex rituals or exacting formulas, *Sacred Ceremony* offers clear guidelines and suggestions for honoring the spiritual nature of these important milestones. Whether the ceremony is intended to consecrate the passing of a loved one; celebrate the union of two people in marriage; heal some emotional, physical or spiritual suffering; or honor the seasons of the earth, sacred ceremonies restore faith and serve to remind us of our place in the cosmos and our intimate relationship with all of life on our precious planet. Ceremony can assuage a sense of separation and allay feelings of isolation from life and from others, resulting in a greater sense of connectedness. It can also help heal the fundamental spiritual wound—the illusion of separateness from the Creator and Creation. Whether private or shared, by following these suggestions, you can personalize and increase the depth of meaning of your knowing and feeling of spirit, thus bringing greater peace and harmony for yourself, your family, and your community.

作者介绍:

目录:

[Sacred Ceremony_ 下载链接1](#)

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