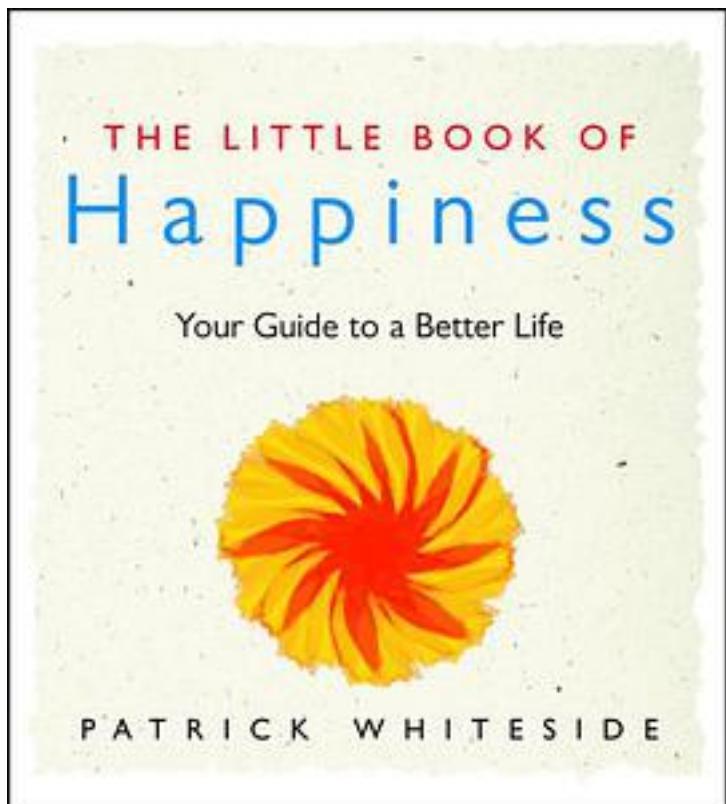


The Little Book of Happiness



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Small in size, but big in purpose, The Little Book of Happiness is a guide to realizing and achieving true joy in one's life. Full of heartfelt wisdom communicated in a mantra-like style, this little take-along volume gives a lift wherever it's needed: at work, at home, or in a quiet moment. It offers readers such tender tidbits as . . . Be forgiving, forgiving of yourself . . . Tell no lies, and remember, leaving important things out counts as telling a lie. . . . If you want to be happy, always tell the whole truth. . . . Happiness is not far away.

作者介绍:

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