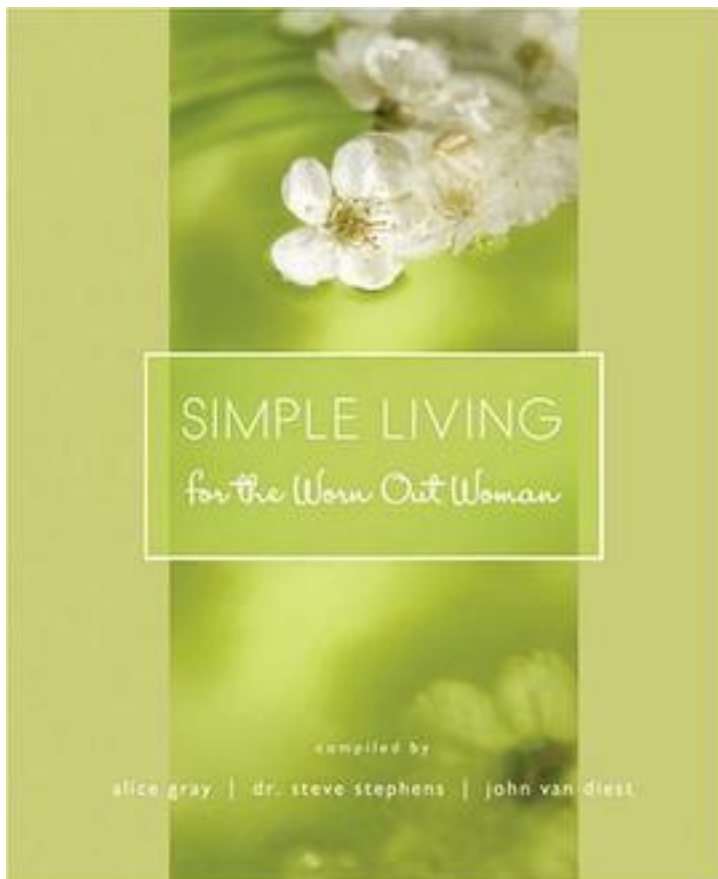


Simple Living for the Worn Out Woman



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Simply for Myself

Does the thought of one more “to-do list” put you over the edge? How about submerging yourself into sumptuously illustrated pages whose only concern is— you ! This book has nothing to do with “to do,” and everything to do with healing and

peace. The beauty of these thoughtfully chosen insights is that they use simplicity to bring you simplicity—condensing essential information and practical solutions into one or two pages. Find strategies for limiting your commitments, nurturing your spirit, celebrating your accomplishments, and protecting your dreams. Simple Living for the Worn Out Woman will help you ease into new perspectives and provide simple steps to reconnecting with your life!

Slow down...

Catch your breath...

Savor the moment...

Enjoy a small delight...

Isn't It About Time...for You?

Simple Living for the Worn Out Woman has nothing to do with “to do,” and everything to do with infusing your life with energy, sparkle, and radiance. These thoughtfully chosen insights use simplicity to bring you simplicity—gentle wisdom and soothing comfort condensed into satisfying mini-retreats.

Ease into the absolute pleasure of...

Nurturing your spirit

Cherishing relationships

Recapturing your dreams

Celebrating your accomplishments.

It's time...for a new, refreshed you.

Story Behind the Book

“...the perfect balance of ideas and inspiration, compassion and common sense, helping us find a saner way to live.”

Liz Curtis Higgs, bestselling author, Bad Girls of the Bible

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目录:

[Simple Living for the Worn Out Woman_下载链接1](#)

标签

评论

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书评

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