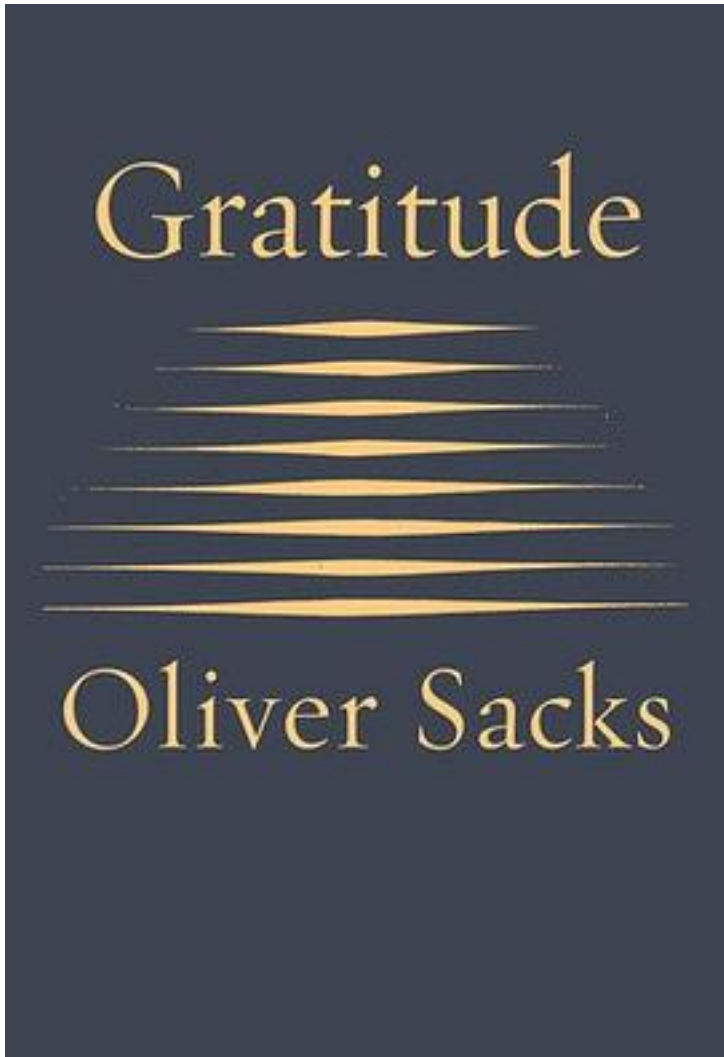


Gratitude



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著者:Beattie, Melody

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Melody Beattie's Gratitude is an antidote to today's harried lifestyle. Beautifully illustrated and ideal for gift-giving, Gratitude encourages readers to reconnect with what's truly important in life, the everyday blessings that are ever-present and ever-sustaining. Featuring stirring passages from More Language of Letting Go, Beattie's best-selling book of daily affirmations, Gratitude inspires readers to be thankful for everything in their lives-whether they feel grateful or not. An attitude of gratitude transforms everyday disappointments and frustrations, Beattie explains. A sense of gratitude provides valuable perspective when facing problems. And above all else, a sense of gratitude helps us truly recognize the presence of a Higher Power in our lives.

作者介绍:

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