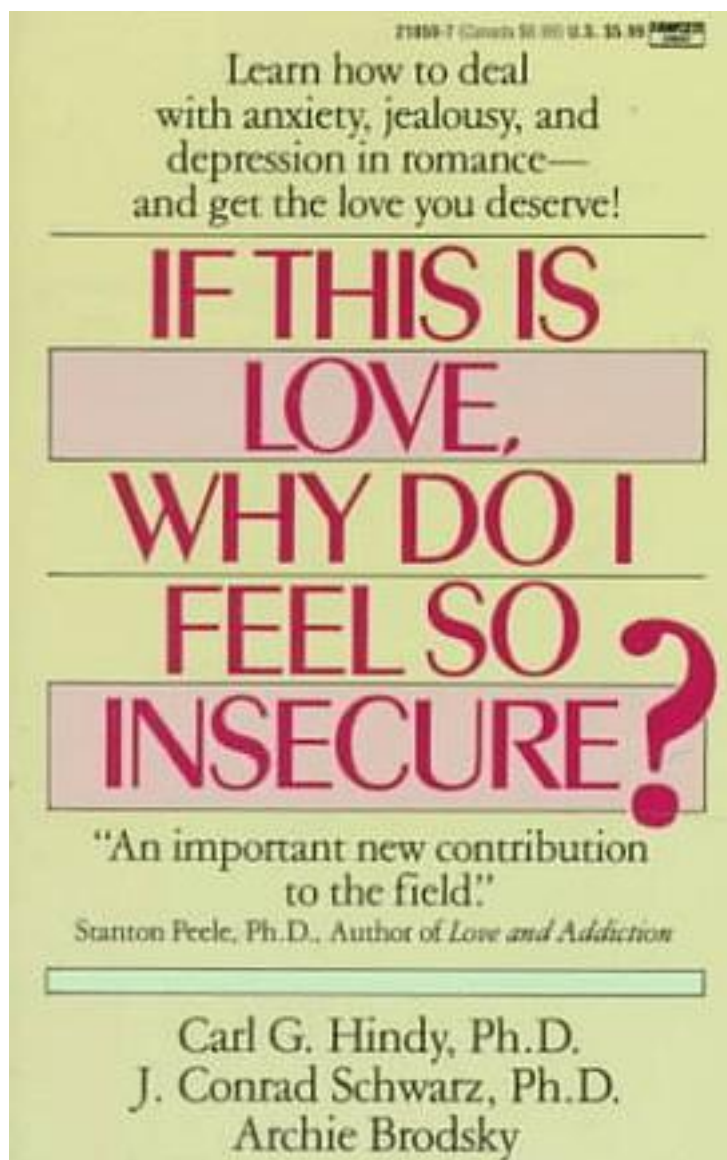


If This Is Love Why Do I Feel So Insecure?



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It doesn't have to hurt to be in love, yet for many otherwise accomplished and confident people, romantic involvement means anxiety, insecurity, and pain. This provocative and authoritative sourcebook, filled with true-life stories and dramatic case histories, will set every reader on a path of greater self-understanding -- and increase the possibilities of finding an enduring love.

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