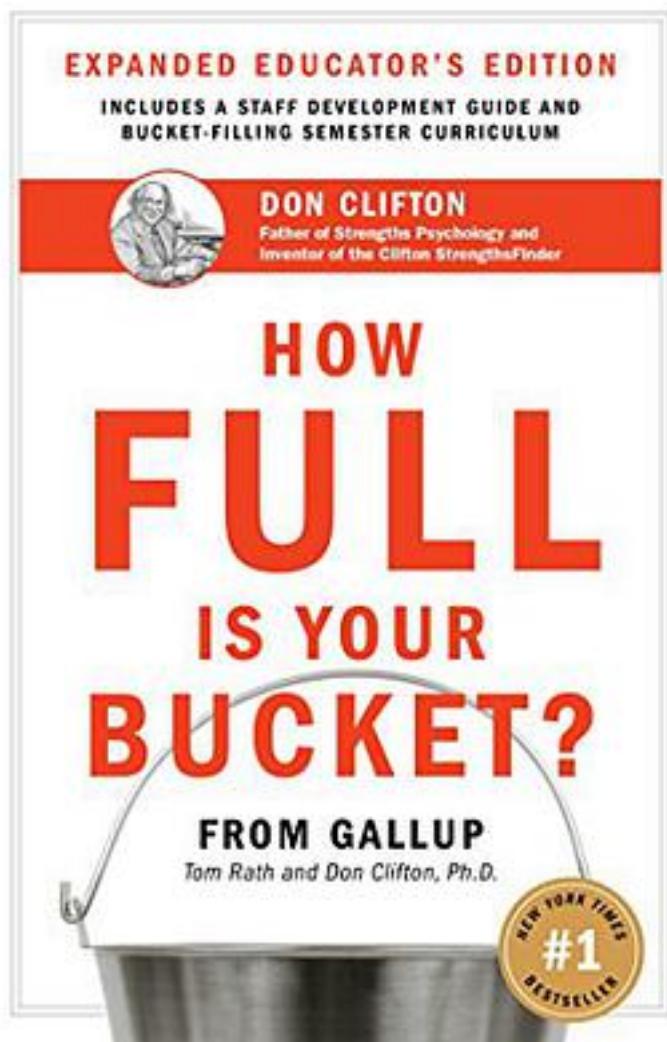


How Full Is Your Bucket? Educator's Edition



[How Full Is Your Bucket? Educator's Edition 下载链接1](#)

著者:Tom Rath

出版者:Gallup Press

出版时间:2007-3-9

装帧:Hardcover

isbn:9781595620019

How did you feel after your last interaction with another person? Did that person — your spouse, best friend, coworker, or even a stranger — "fill your bucket" by making you feel more positive? Or did that person "dip from your bucket," leaving you more negative than before? The number one New York Times and number one *Business Week* bestseller, *How Full Is Your Bucket?* reveals how even the briefest interactions affect your relationships, productivity, health, and longevity. Organized around a simple metaphor of a dipper and a bucket, and grounded in 50 years of research, this book will show you how to greatly increase the positive moments in your work and your life — while reducing the negative. Filled with discoveries, powerful strategies, and engaging stories, *How Full Is Your Bucket?* is sure to inspire lasting changes and has all the makings of a timeless classic.

作者介绍:

目录:

[How Full Is Your Bucket? Educator's Edition_ 下载链接1](#)

标签

评论

[How Full Is Your Bucket? Educator's Edition_ 下载链接1](#)

书评

[How Full Is Your Bucket? Educator's Edition_ 下载链接1](#)