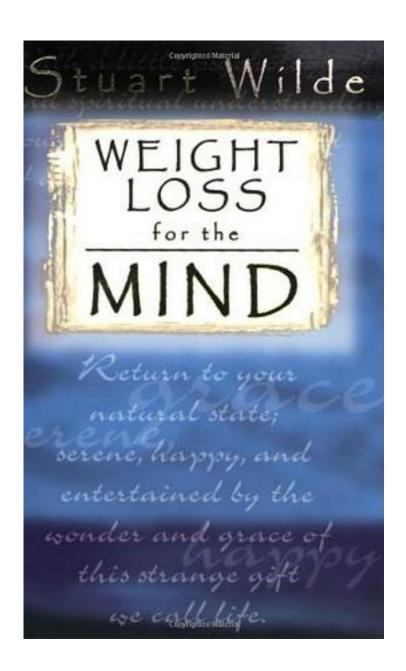
Weight Loss of the Mind



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Stuart shows how many of the opinions in our society that cause us anguish can be released through some psychological and spiritual understanding. He reveals the techniques that can help liberate you from the perceptions of others and, thus, set you free.
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