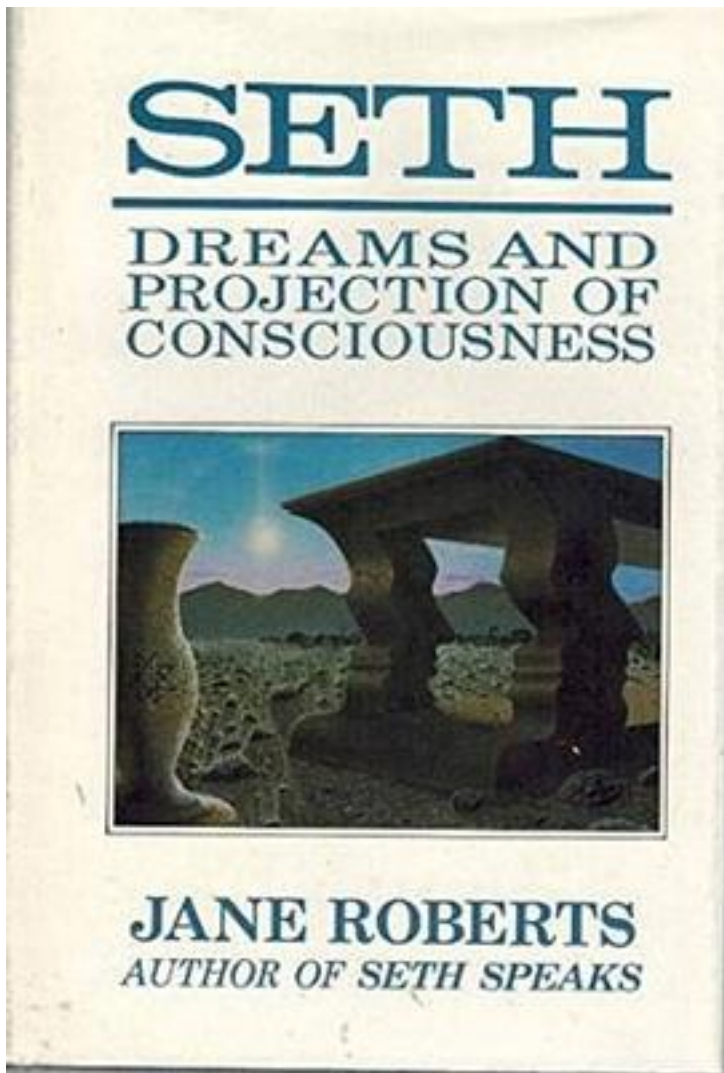


# Seth, Dreams and Projections of Consciousness



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著者:Roberts, Jane

出版者:Midpoint Trade Books Inc

出版时间:2003-11

装帧:Pap

isbn:9780965285544

The book may well be the most extraordinary of the Seth books. It not only contains Seth's teachings on dreams, inspiration, trance states and creativity, the nature of the human ego and personal ego reality, but also the tender personal moments marking the maturing of the Seth/Jane Roberts partnership.

A provocative guide to the realm of dream consciousness, this fascinating book offers unique explanations that will enhance every reader's understanding of the unlimited potential of the human consciousness.

Seth, described as "an energy personality essence no longer focused in physical reality", introduces Jane Roberts to the meaning and power inherent in her own dreams, and through this she learns of the natural flow of clairvoyant energy which occurs during the dream state. The teachings given to Jane on the nature of her own dream state and the dream state in general lead her into the realm of altered states and into the exploration of the out-of-body experience and precognitive dreams.

Written in 1966, but not published until 1986, this book fills the gaps between events described in *How to Develop Your ESP Power* and *The Seth Material*. Contains the only published version of Jane's "The Universe as Idea Construction", which sparked beginning work on the Seth material. Includes practical ideas for recalling dreams, OOBES, the inner senses, and consciousness.

作者介绍:

Jane Roberts (May 8, 1929 – September 5, 1984) was an American author, poet, psychic and trance medium or spirit medium who "channeled" a personality named Seth. The publication of the Seth texts, known as the Seth Material, established her as one of the preeminent figures in the world of paranormal phenomena.

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标签

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评论

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## 书评

我第一次读赛斯资料时，发现珍经常一边吸烟，饮酒，一边传述赛斯资料。我的心里立刻出现了强烈的抵触情绪，因为我一向认为吸烟对健康有害。接着便牵连到影响了我对赛斯资料的观念，但是后来，我发现赛斯原来也不赞成珍吸烟。

“鲁柏，你该停止吸菸。它是有害的，此其一，而...

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