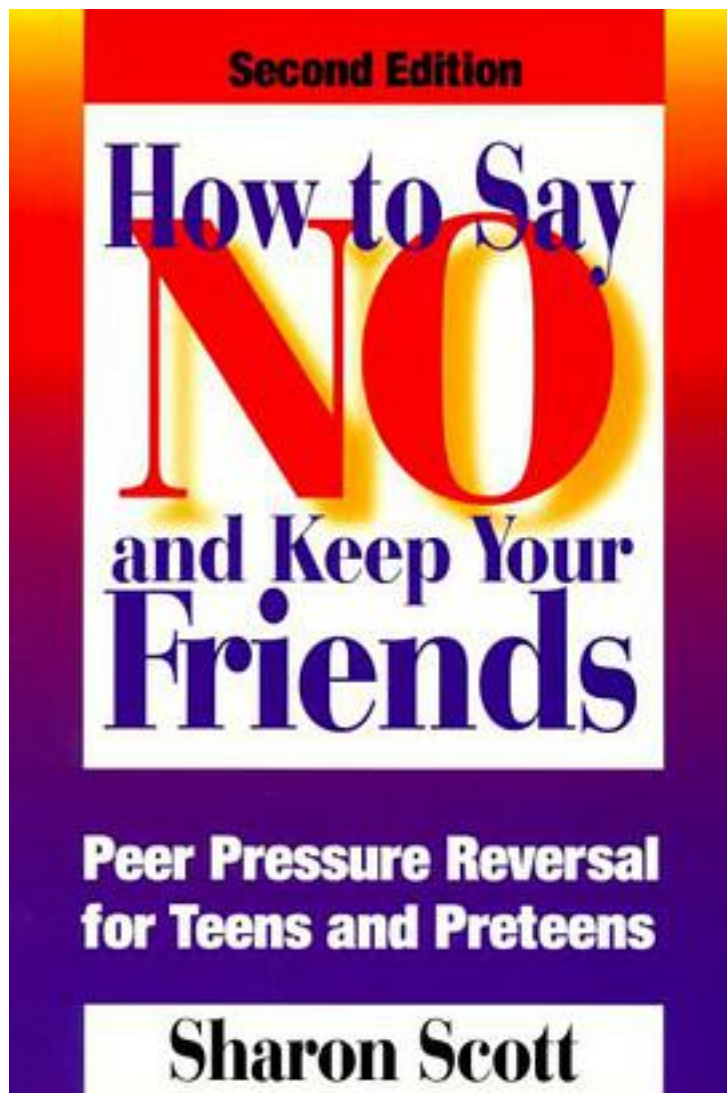


How to Say No and Keep Your Friends



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This practical book for teens and preteens is filled with helpful suggestions, true stories, lively cartoons, and proven effective skills for dealing with all kinds of negative peer pressure. All kids face difficult decisions at some point about things like cheating, fighting, skipping school, stealing, drugs, lying to parents, etc. Sometimes it's hard to just say "no" when their friends are saying "Everybody does it. We won't get caught."
New Edition Includes:

13 hard-hitting, true stories of teens who failed to manage negative peer pressure which resulted in loss of privileges, jail, and even death.

A new message to kids: "Don't just fit in, stand out!" which empowers them to be independent thinkers.

125 sure-fire refusal lines to use at a moment's notice to handle all kinds of peer pressure.

10 tips to help teens encourage their friends to be drug-free. A special chapter devoted to the most serious peer pressure problems: tobacco, alcohol, other drugs, sexuality, and violence. It offers clear, honest reasons for avoiding these problems and specific ways to say "no" and save face. This all new edition offers a systematic, step-by-step method for dealing with that pressure without putting valuable friendships in jeopardy. It helps teens notice peer pressure happening before it becomes trouble, teaches how to make logical decisions (in 30 seconds or less!), and provides practice on specifically what to say or do to handle the situation.

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