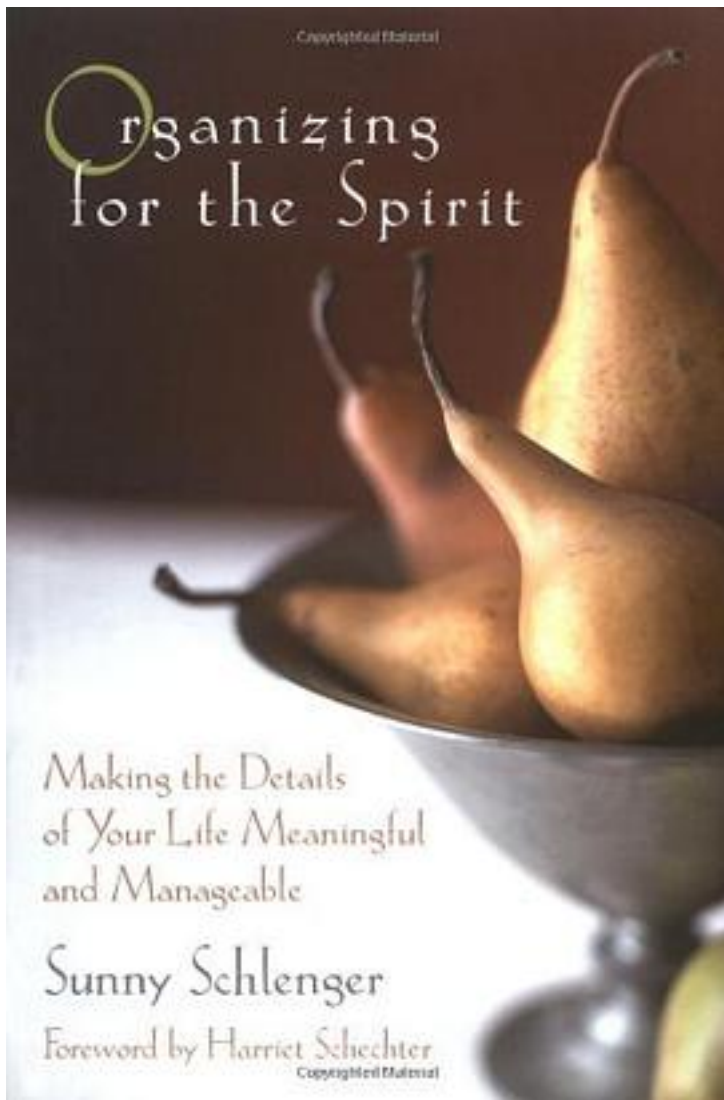


# Organizing for the Spirit



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著者:Schlenger, Sunny

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Does that sound impossible? In *Organizing for the Spirit*, organizing expert Sunny Schlenger demonstrates how the "stuff" of our lives—the objects that fill our homes and offices, as well as how we manage our time (whether we are productive or procrastinating)—offers clues to what we really value in life. With simple and practical exercises, Sunny guides you through a step-by-step process to take stock of your life, clearly identify what really matters, and then use that clarity about values and priorities as a guide to organize both your physical environment and your time. The result is a life of meaning and harmony in the office, the studio, the home, and beyond. *Organizing for the Spirit* is nothing less than a revolutionary guidebook for creating the life you were meant to live.

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