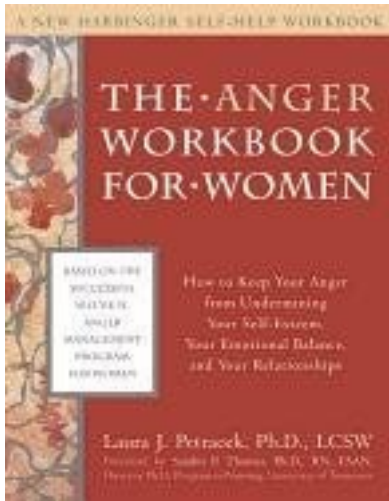


# The Anger Workbook for Women



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Addresses the unique concerns of women with anger problems. Rigid social patterning, conditions many women to stifle or deny their anger, and this repression can cause a range of other psychological problems.

作者介绍:

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