

# The Power of Belief



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If you want to change your life right now, there is nothing more powerful than changing what you believe. In 1996, after a chance meeting at the pyramid ruins in Teotihuacan, Mexico, Ray embarked on a six-year apprenticeship with don Miguel Ruiz, MD, author of the best-selling book, The Four Agreements. Now a master coach and mentor, Ray reveals how hidden beliefs create barriers to success and true happiness. An inspiring guide based on everyday wisdom, The Power of Belief offers four simple steps to re-create any belief that stands in your way. Read it and discover: 

- The secret to changing any fear-based belief
- The key to eliminating worry and negative self-talk
- How to choose happiness, even when things fall apart
- The path to true authority and personal power

作者介绍:

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