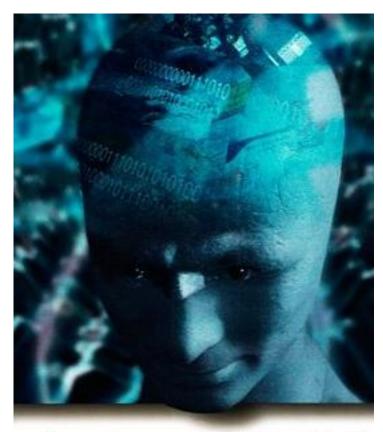
The Power of Belief



The Power of Belief psychosocial influences on illness, disability, and medicine Edited by Peter Halligan | Mansel Aylward

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If you want to change your lifearight nowathereas nothing more powerful than changing what you believe. In 1996, after a chance meeting at the pyramid ruins in Teotihuacan, Mexico, Ray embarked on a six-year apprenticeship with don Miguel Ruiz, MD, author of the best-selling book, The Four Agreements. Now a master coach and mentor, Ray reveals how hidden beliefs create barriers to success and true happiness. An inspiring guide based on everyday wisdom, The Power of Belief offers four simple steps to re-create any belief that stands in your way. Read it and discover: ULLIThe secret to changing any fear-based belief LIThe key to eliminating worry and negative self-talk LIHow to choose happiness, even when things fall apart LIThe path to true authority and personal power/LI/UL

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