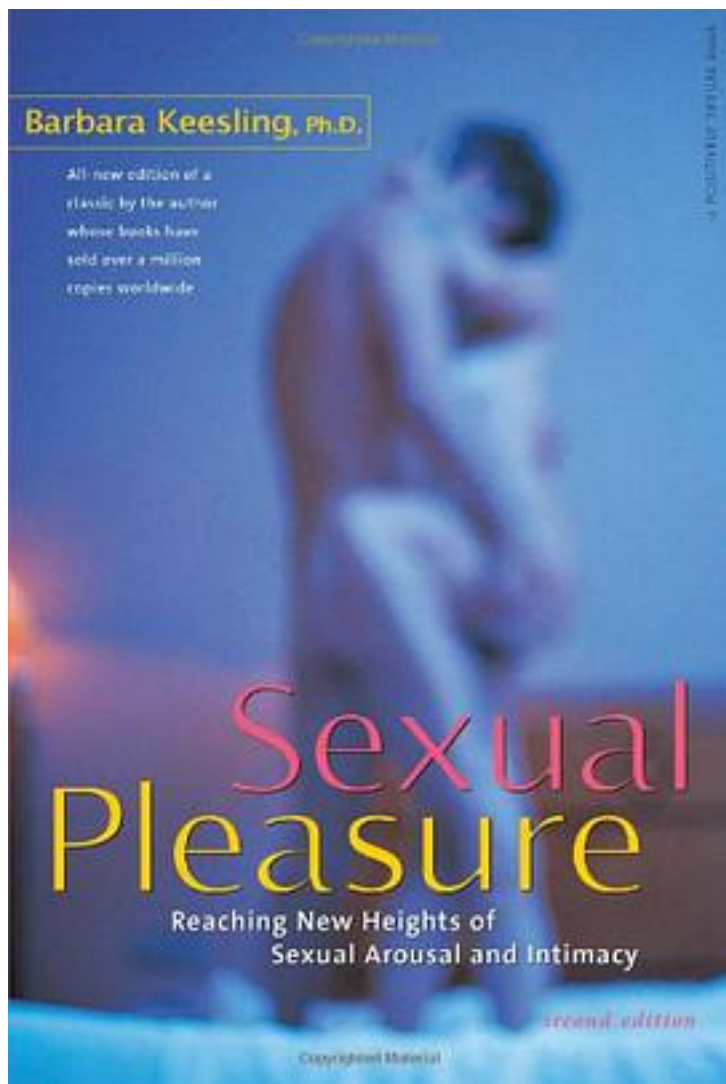


Sexual Pleasure



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The exercises in this book - to be done both with and without a partner - increase the sensual awareness of touch and encourage individuals to focus on their own desire, as well as looking for ways to please their partner. They can be performed by people of any sexual orientation, at any level of experience, and lead naturally to greater passion, sensitivity, and pleasure. This edition has been rewritten for greater clarity and includes the latest information on contraceptives, male and female desire, talking sexy, and oral sex as well as achieving mutual orgasm, including advanced lovemaking techniques such as shifting focus, peaking, and plateauing.

作者介绍:

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