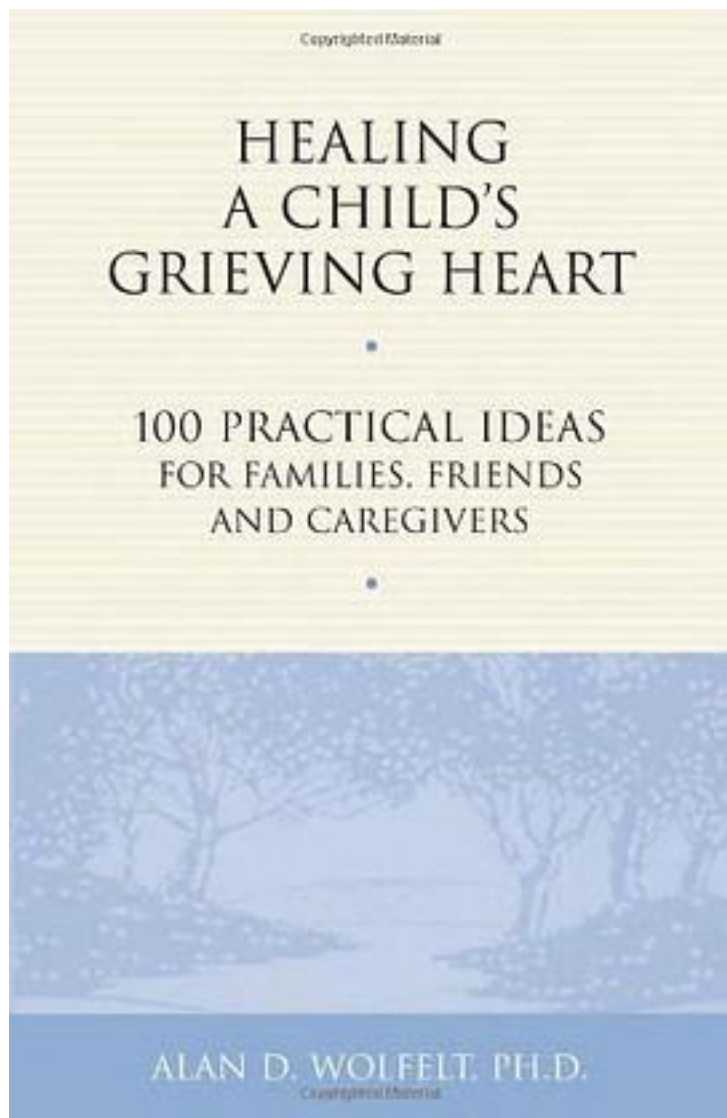


Healing a Child's Grieving Heart



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出版者:Independent Pub Group

出版时间:2001-5

装帧:Pap

isbn:9781879651289

A compassionate resource for friends, parents, relatives, teachers, volunteers, and caregivers, this series offers suggestions to help the grieving cope with the loss of a loved one. Often people do not know what to say, or what not to say, to someone they know who is mourning; this series teaches that the most important thing a person can do is listen, have compassion, be there for support, and do something helpful. This book provides the fundamental principles of companioning a friend, from committing to contact the friend regularly to being mindful of the anniversary of the death. Addressed here is what to expect from different ages of grieving young people, and how to provide safe outlets for children and teens to express emotion. Included in each book are tested, sensitive ideas for 'carpe diem' actions that people can take right this minute - while still remaining supportive and honouring the mourner's loss.

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