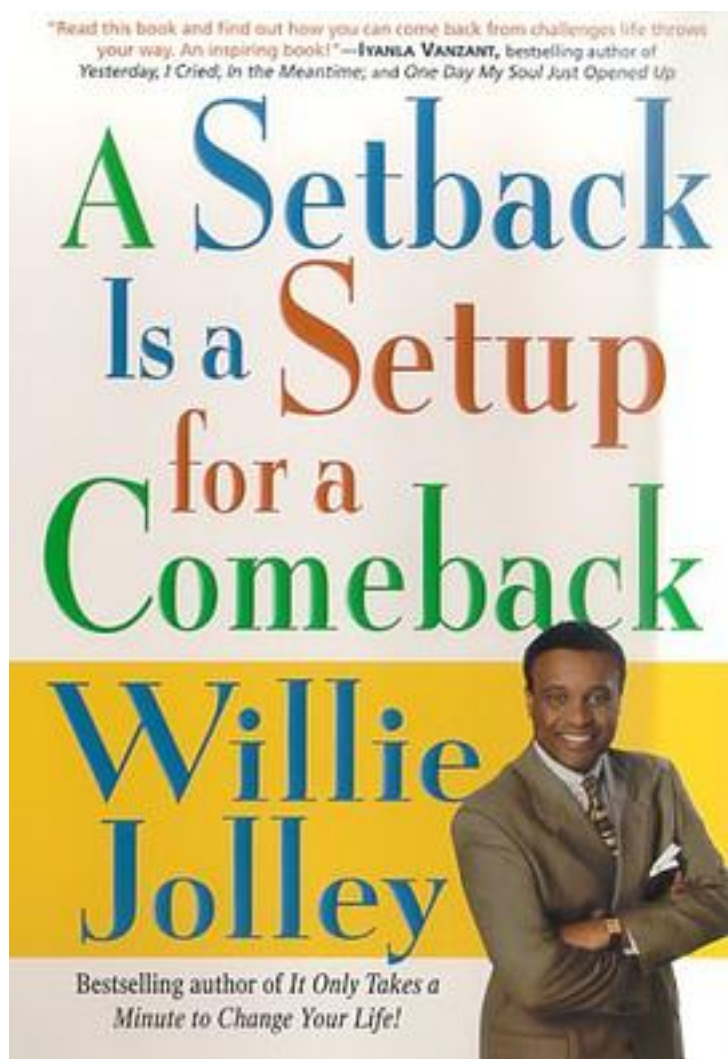


A Setback Is a Setup for a Comeback



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A setback is nothing but a setup for a comeback The wisdom in these words can help lift you out of your low points in life and put you on the path to victory *Have you ever had a setback? *Has life ever thrown you a curve ball?*Have you ever been knocked down by hard times? Willie Jolley, the author of the motivational bestseller "It Only Takes A Minute To Change Your Life ," will inspire you to take action In "A Setback Is A Setup For A Comeback," Willie presents his "VDAD" formula (Vision, Decision, Action, Desire) for overcoming life's constant challenges. He shares his techniques for taking control of your destiny, using anecdotes and stories that will encourage you to focus and take action on your dreams-despite the adversities You will hear from ordinary people who refused to cower in the face of hardships, and found opportunities in unlikely places. There are humorous insights ("sometimes you're the windshield, sometimes you're the bug") and practical methods (Need to rid yourself of negative thoughts? "Face it, trace it, erase it, replace it "). Using Willie Jolley's 12 simple strategies (as outlined in the VDAD formula) you will have the tools to turn your trials into triumphs, your problems into possibilities, and your setbacks into comebacks

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