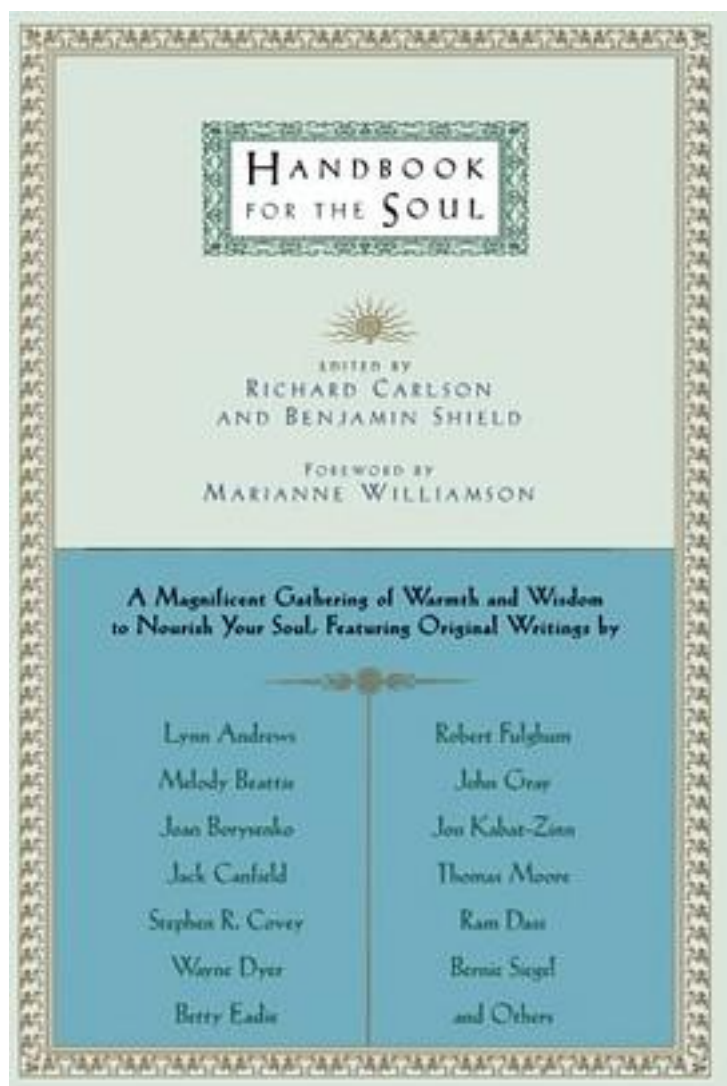


Handbook for the Soul



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著者:Carlson, Richard 编

出版者:Back Bay Books

出版时间:1996-10-1

装帧:Paperback

isbn:9780316128223

In "Handbook for the Soul, " a gathering of America's most celebrated spiritual writers, from Thomas Moore and Marianne Williamson to Jack Canfield and Robert Fulghum, offer inspiring words on the state of the soul today. This collection of more than thirty original essays address both the importance of caring for and nourishing the soul and the ways in which these individuals tend to their own souls on a day-to-day basis. Dedicated to the enrichment of our inner lives, these authors offer insight and advice.

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