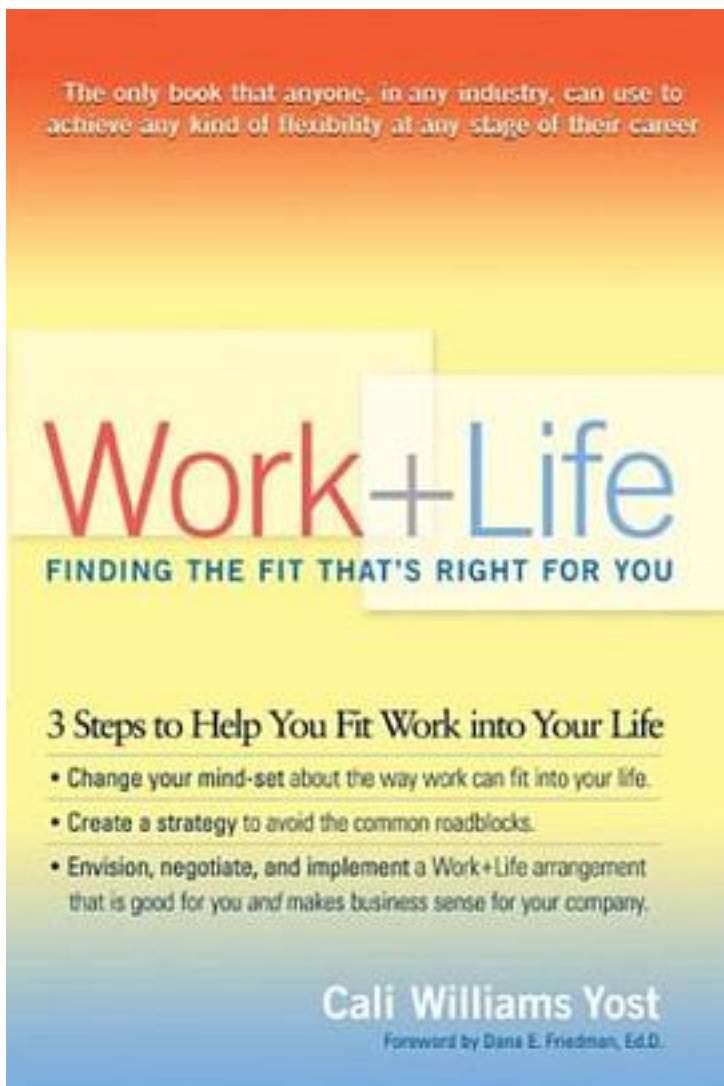


Work + Life



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The empowering new 3-step guide to combining work and life strategically, creatively, and successfully.

The message is simple: Work doesn't have to be all or nothing. There are countless combinations of work and life between these extremes. People can change the way work fits into their lives, in a way that's good for employees and employers.

Work+Life provides the tools to adjust the "work" portion of life in order to have more time and/or energy for personal responsibilities and interests. Even a small change can make a big difference. Industry expert Cali Yost has been working with people on all sides of the issue: employees and managers at companies such as General Electric/NBC, Ortho-McNeil Pharmaceuticals, and Ernst & Young, and EAPs nationwide that help companies help their employees. They all say the same thing- Work+Life is the missing piece of the puzzle, putting readers on the cutting edge of the workplace revolution.

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