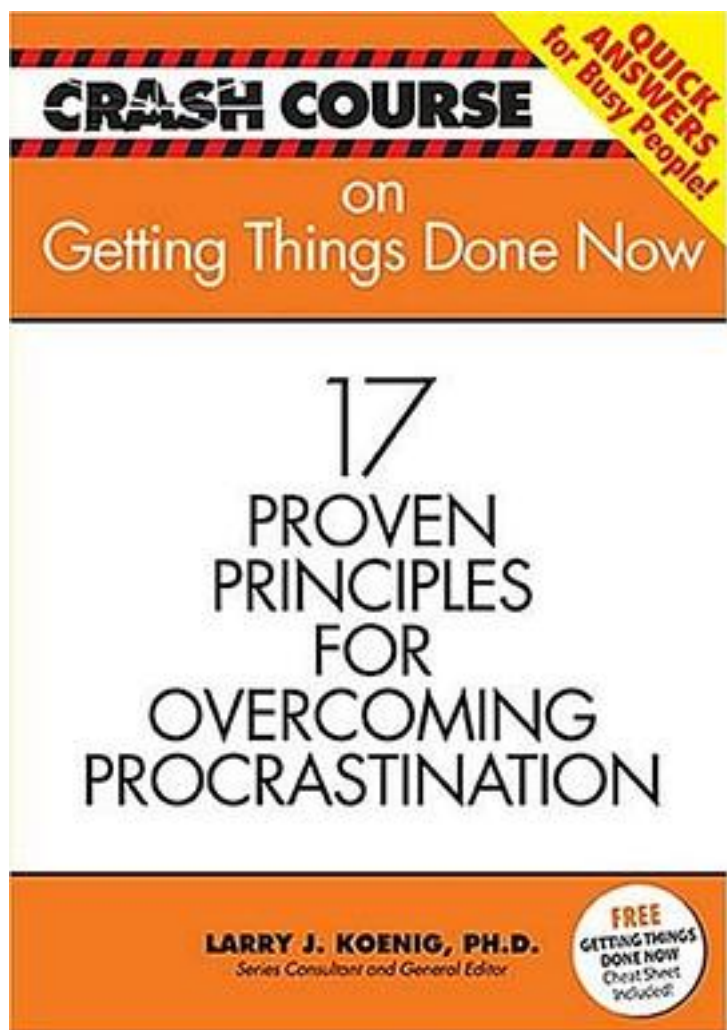


Crash Course



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著者:Gilroy, Mark

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"Getting Things Done Now" will walk the reader through the causes, the excuses, and

the steep costs that plague procrastinators, and then quickly transition into the positive action steps that are proven to help people get things done now, including realistic goal setting and everything else needed to start achieving great things today. The book even helps the reader understand how to respond and take charge if they slip back into patterns of procrastination.

作者介绍:

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