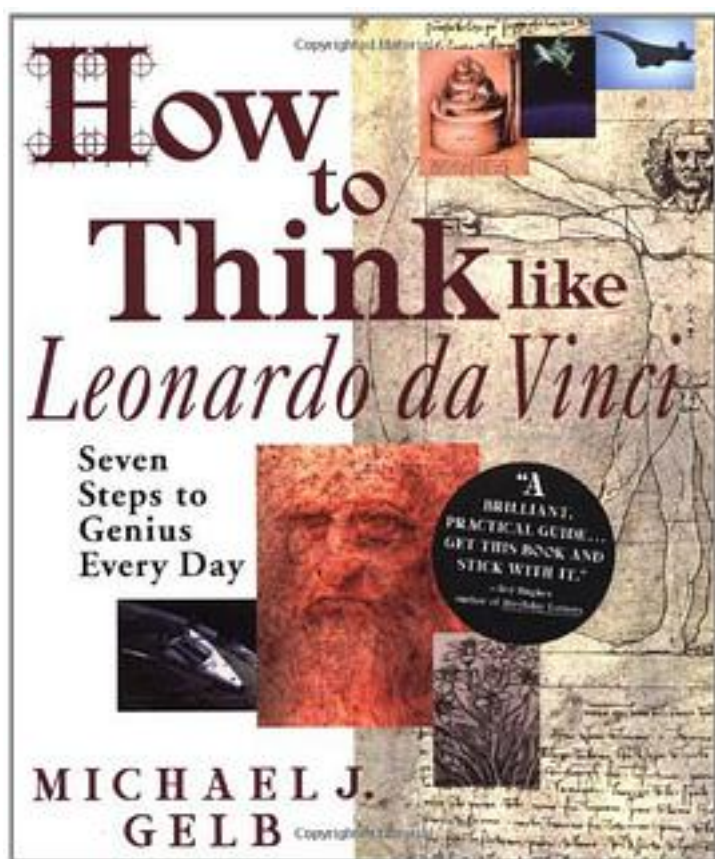


How to Think Like Leonardo DA Vinci



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Michael Gelb's How to Think Like Leonardo Da Vinci is an inspiring and inventive guide that teaches readers how to develop their full potential, using the principles of Da Vincian thought identified by the author.

Beginning with a brief historical biography of Da Vinci and an overview of the

astounding advances made in the arts and sciences during the Renaissance, Gelb illustrates the seven fundamental elements of Da Vinci's thought process:

Questionare: A questing, insatiably curious approach to life Dimostrazione: A commitment to test knowledge through experience Sensazione: The continual refinement of the senses, especially sight, as the means to clarify experience Sfumato: A willingness to embrace ambiguity, paradox and uncertainty Arte/Scienza: The development of the balance between science and art, logic and imagination. "Whole-brain" thinking Corporalita: The cultivation of ambidexterity, fitness and poise Connessione: A recognition and appreciation for the interconnectedness of all things and phenomena. "Systems" thinking.

Loaded with practical exercises, quotes, sidebars, illustrations and material drawn directly from Da Vinci's personal notebooks, How to Think Like Leonardo Da Vinci is both a tribute to his great achievements and a call to carry on his legacy in our everyday lives by utilizing our potential to the best of our ability.

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