

Self Healing, Yoga and Destiny



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Elisabeth Haich has become world famous for her profound understanding of the human soul. The Yoga schools she set up with Selvarajan Yesudian, have become internationally renowned. Designed to reconnect you with the Divine, the concepts in this book explain the attitudes necessary for the path back to one's self. Based on many years personal experience, the authors create an understanding of how to realise the essential source of life. Learn Elisabeth Haich and Yesudian's personal views on: love; accidents; suffering; destiny; black and white magic; illness; and, self healing and transformation. A wealth of insightful information is contained in this book to help you gain an expanded view of your life and consciousness.

作者介绍:

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