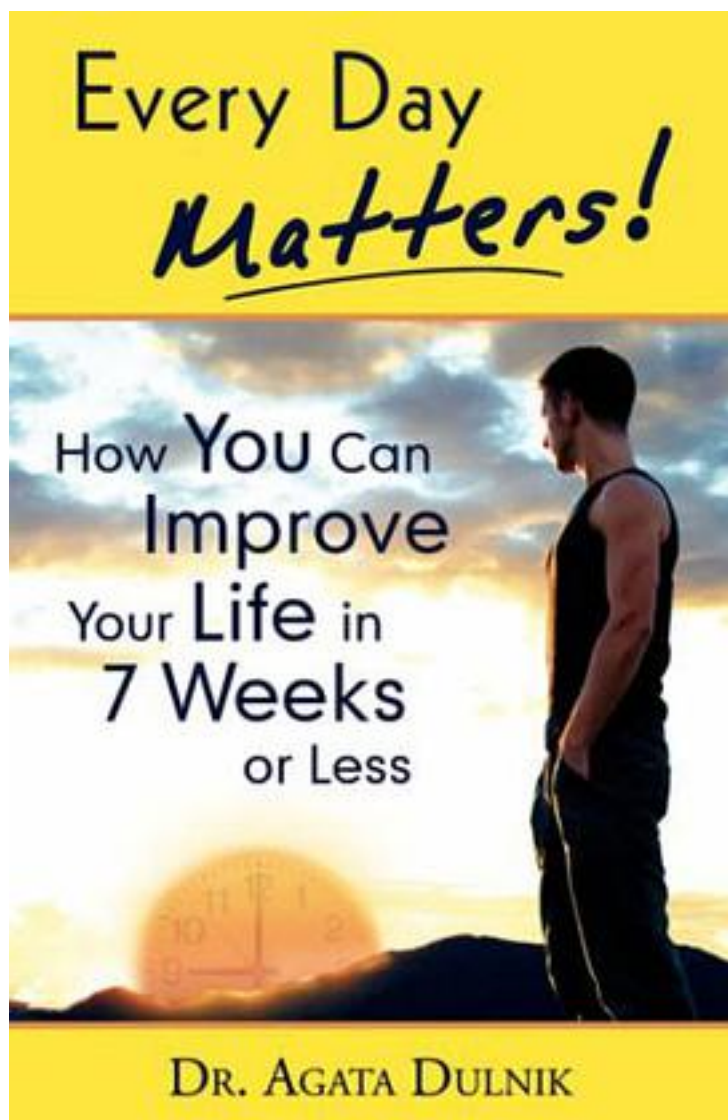


Every Day Matters



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著者:Dulnik, Agata

出版者:Lightning Source Inc

出版时间:2007-5

装帧:Pap

isbn:9781587367618

Some people always seem to have it together. They lead happy lives, enjoy their careers, and manage to maintain their balance no matter what life throws their way. Others are shaken up by every little change of fortune, spending years unsuccessfully trying to fix themselves. Which one are you? Which would you like to be? With practical advice backed by time-tested research and insights drawn from her own coaching experience, Dr. Agata Dulnik gives you the tools you need to get your life on track-and keep it there.

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