

# The Miracle Question



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Have you ever considered how a miracle would change your life? Would it enable you to get a better job, fix your marriage, stop drinking, keep your teenager home at night, make peace with your parents, silence your boss, bring back your deceased relative, or help you financially? In this groundbreaking volume, Dr. Linda Metcalf challenges readers to ask themselves: "Suppose tonight while you sleep, a miracle happens. When you awake tomorrow morning, what will you see yourself doing, thinking, or believing about yourself that will confirm that a miracle has taken place in your life?" The Miracle Question is a step-by-step approach for people who feel "stuck" and overwhelmed by their life. It offers methods for tapping into sources and resources we already have called "exceptions." Exceptions: are the "good" we have learned from past experiences but have perhaps forgotten about, or situations that went well for us in the past, but over time got pushed aside. By understanding that our

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