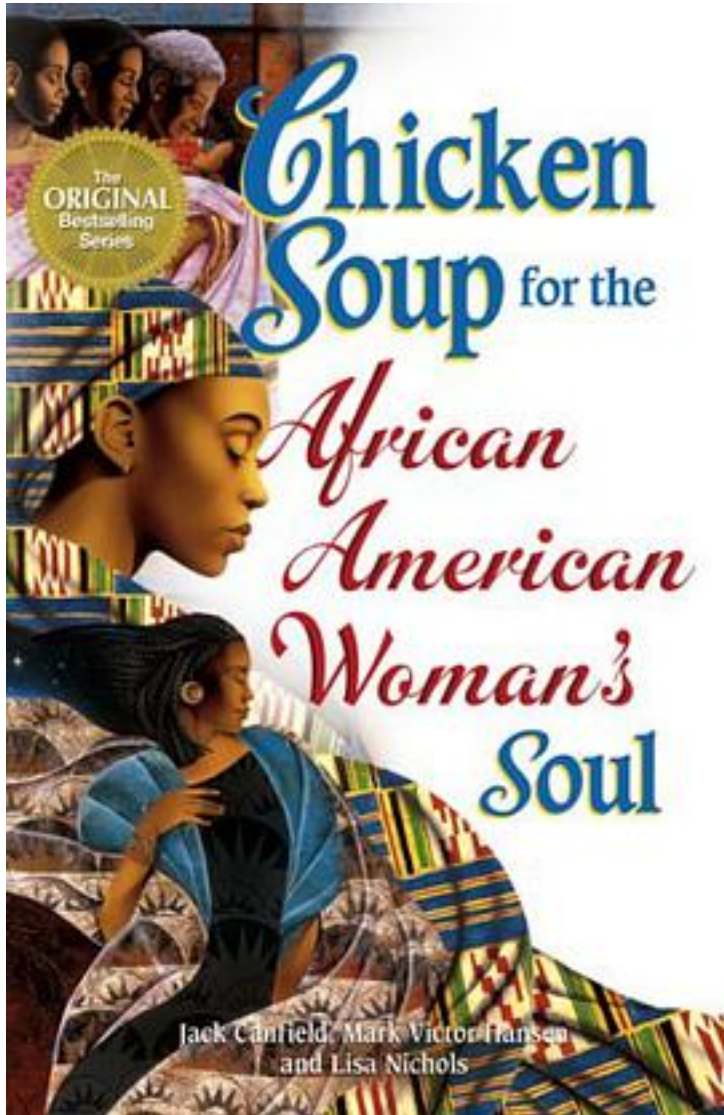


# Chicken Soup for the African American Woman's Soul (Chicken Soup for the Soul)



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Chicken Soup for the African American Woman's Soul is a rich collection of stories that truly celebrate the mountaintops and share the valleys of the African American woman's experience; highlighting her moments of strength, as well as her struggles. This candid, touching and inspiring collection of stories proves that the spirit of sisterhood extends beyond geography, economics, age and time. Whether we're passing on family traditions, keeping the faith or just keepin' it real, one thing is for sure; we are here because of the shoulders we stand on. Chicken Soup for the African American Woman's Soul will leave you feeling as if you've just shared a sacred space with some legendary African American women through quotes or stories from Rosa Parks, Coretta Scott King, Mary McLeod Bethune, and modern day heroines like Patti LaBelle, Halle Berry and Queen Latifah. Experience inspiring moments of ordinary sisters doing extraordinary things in the world like voting in a time when voting could cost you your life to learning the true meaning of self love through the simple gesture of letting your hair down. Allow these stories - exclusively for sisters, from sisters - encourage and inspire you as you feed your soul and soothe your spirit.

作者介绍:

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