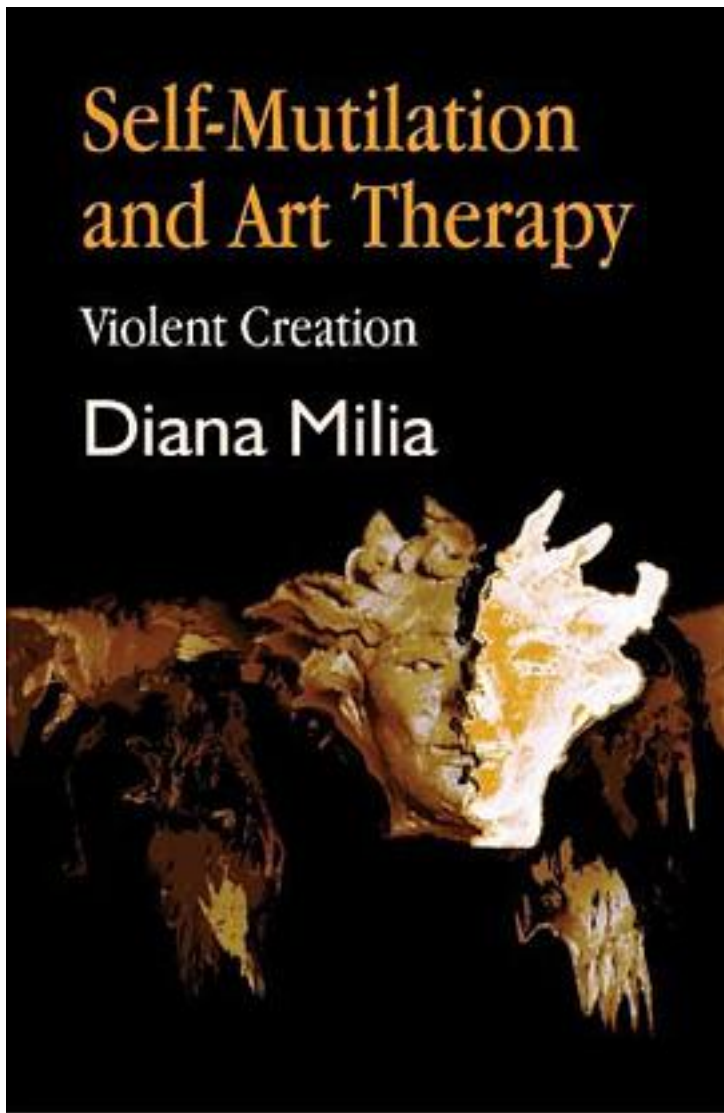


Self-Mutilation and Art Therapy



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著者:Milia, Diana

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This book examines the effect of art therapy interventions with clients who harm their bodies. The author explains how art therapy can help patients who self-harm and argues that using art as intervention supports the self-mutilating person's preference for ritualized symbolic action and their need to create transitional objects. The book is practical and it extends our understanding of the concept of self-mutilation and how best it may be addressed.

作者介绍:

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