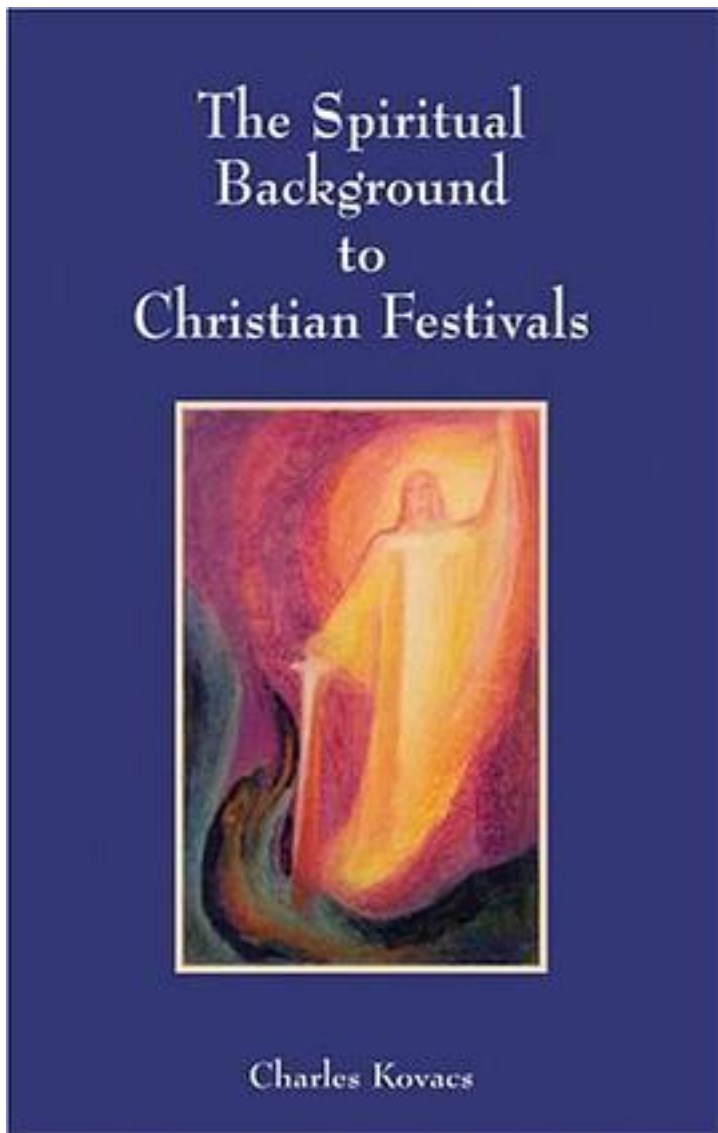


The Spiritual Background to Christian Festivals



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出版者:Rudolf Steiner Pr

出版时间:2007-5

装帧:Pap

isbn:9780863156014

The rhythms of the earth can be seen in, for example, the daily cycle of day and night, or in the changing seasons. Rudolf Steiner spoke about how Christian festivals such as Easter, Whitsun and Christmas fitted not just into these patterns, but also into larger cosmic rhythms and, on a smaller scale, human rhythms. In this concise, readable book Charles Kovacs explores the structure of our calendar year and looks in detail at the background to each Christian festival, including lesser-known ones such as St John's Tide and Michaelmas. This book is based on lectures Charles Kovacs originally gave at the Rudolf Steiner School in Edinburgh. Kovacs strove to develop in the children a love and understanding of the seasons in the cycle of the year; parents were keen to be involved too, and asked Kovacs to give a series of lectures on the subject to deepen their own understanding.

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